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# THE WESTMINSTER COLLEGE STUDENT NEWSPAPER

HOLCAD PERSPECTIVES ~ NEWS ~ FEATURES ~ ARTS & ENTERTAINMENT ~ SPORTS

VOLUME CXXXVI

FRIDAY, OCTOBER 18, 2019

# From Newspaper to News Site

Westminster College Student Newspaper Moving Online

Editor-in-Chief



The Holcad is moving to a new website on Friday, Oct. 18, marking the beginning of the paper's transition to an online platform. There will no longer be a weekly physical paper after this edition, but there will still be at least two special editions Westminster Students Checking Out New Holcad Site Credit: Sydney Roach

Several newspapers have gone completely out of business in recent years, such as The Vindicator in Youngstown, Ohio. Other newspapers have moved online in some capacity. For example, The Pittsburgh Post-Gazette only prints three days a week instead of every day.

NEWS A 2 Professors Publish Books

OPINIONS A3 Goodbye Holcad?

SPORTS A 4 Homecoming Defeat



printed for the academic year, one of which will be for the Mock Convention in November.

Each edition of the Holcad will still be uploaded to Westminster's main website at westminster.edu in the publications section. However, the main home for The Holcad will be wcn247.com. The site will have more interactive features than the regular editions posted to the main Westminster College site. This site will also house the Westminster College Network (WCN247) and Titan Radio.

The primary reason for The Holcad to move online is because of the new budget restrictions that were put in place. Westminster reduced the activity fee for students last year, but a consequence of this action was that the college's student publications budgets were reduced. The Holcad's budget was cut by two-thirds according to Dr. Barner, one of the advisors for the paper this year.

"It was either go digital or not go at all. There's no way you can print the papers the way that we've been doing it with the money we were given," Barner said.

President Richardson spoke positively about the newspaper's shift to an online presence.

"I think that it will get a lot of readership online from both students, faculty and staff. It's one of the trends for newspapers across the country to go all digital," said Richardson.

In 2018, newspaper circulation in the United States reached its lowest level since 1940, according to the Pew Research Center.



Barner also discussed the trend of newspapers going online and how some prefer digital copies.

"My wife prefers the digital edition because she doesn't want to deal with all that paper laying around the house. She's happy with the digital edition. She goes to it, reads the articles she wants, and when she's finished, it's still there if she still wants to look at it later. Some people actually prefer digital over paper. Other people like the hard copy in hand, but that seems to be a declining situation," Barner said.

The next printed edition of The Holcad will be published on Friday, Nov. 8. It will feature previews of the Mock Convention that is being held at Westminster. This event will take place on Nov. 12 and 13. Leon Second Win



Copy edited by: Gianna Collins



### Quote of the Week:

"It's only after you've stepped outside your comfort zone that you begin to change, grow, and transform." - Roy T. Bennett





High: 67° Low: 53°

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#### THE HOLCAD - WESTMINSTER COLLEGE, NEW WILMINGTON, PA

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## Want to write a Letter to the Editor?

#### WRITING GUIDELINES

Professors to Us, Authors to the World Two Westminster Professors Publish Books

Danielle Grady



Above: *Television Man* by David Swerdlow Below: *Overcoming Burnout and Compassion Fatigue in Schools: A Guide for Counselors, Administrators and Educators* by Alison DuBois and Molly Mistretta Credit: Amazon.com and Routledge.com

As students, we see our professors for who they are to us. We see them as the brains teaching us new concepts and information. We see them as the hands passing back our test grades. We see them as the smiles (or frowns, depending on the day) greeting us as we walk into class. While our professors are all of these things to us, many of them are even so much more once they leave class for the day. In the case of Dr. David Swerdlow and Dr. Alison DuBois, they are recently published authors.

Swerdlow, Westminster English professor, achieved this title when his debut novel Television Man was recently published. The novel focuses on a small, rural western Pennsylvania town after it becomes the scene of a school shooting. themselves before they can take care of their students most effectively," a Westminster College press release stated. The co-authors incorporated current research, anecdotal stories and workbook pages in the book to properly inform practitioners.

Swerdlow will read from Television Man as part of the English's department's Bleasby Colloquia series at 7 p.m. Wednesday, Oct. 30, in Berlin Lounge. He will follow the reading with a free book signing. Though copies of Television Man will be available for purchase at the event, the novel is also available on Amazon.

DuBois's book is available for purchase through the website of its publisher, Routledge.

Swerdlow joined the Westminster faculty in 1990 and specializes in teaching literature and creative writing. He is also an award-winning poet with two published books of poetry, Bodies on Earth and Small Holes in the Universe. The Pittsburgh Post-Gazette published his poem "Breakfast on Our Patio after the Mass Shooting in El Paso" in an August edition of the newspaper.

DuBois joined the Westminster faculty in 2011 after earning her master's from the College in 2002. Her research interests include the effects of trauma on a child's psychopathological development, the effects of burnout and compassion fatigue in education and the effective treatment of challenging behaviors in the classroom.

Mistretta earned her undergraduate degree from Westminster in 1993.

Copy edited by: Jasmine Woodings



- Letters to the editor are published weekly, as space permits.
- The Holcad reserves the right to reject any letter.
- All letters must be less than 400 words, typed and include the author's name.
- Letters must be free of offensive language, personal attacks and libelous or potentially libelous statements.
- No letter will be edited when factually incorrect or in need of contextual clarification.
- Grammar and spelling errors will also not be corrected.
- Opinions expressed are those of the author.
- The Holcad will not print anonymous letters.

SUBMISSION

All letters must be submitted by 12 p.m. Monday to make the Friday edition. E-mail: holcad@westminster.edu Mail: Box 157

#### INTERESTED IN WORKING FOR US?

Great news! The Holcad is now accepting applications for Correspondents, Photographers, and Copy Editors.

Applications must include a resume and three (3) writing samples as well as a cover page with the applicant's name, year in school, major, culmulative GPA, phone number, and mailbox number.

Please submit all applications to roacse22@wclive.westminster.edu

"In this era of mass shootings, hate crimes, 24-hour news cycles, and political tweets, Television Man tells the troubling stories of the community's men, women and children as they navigate the 48 hours following the horrifying assault," a Westminster College press release explained.

DuBois, Westminster associate professor of education and director of the Graduate School, recently co-authored Overcoming Burnout and Compassion Fatigue in Schools: A Guide for Counselors, Administrators and Educators. The book emphasizes the importance of self-care for educators experiencing compassion fatigue and burnout.

With the help of Dr. Molly Mistretta, assistant professor of counseling and development at Slippery Rock University, DuBois was able to highlight "the importance of educators being able to take care of

### Overcoming Burnout and Compassion Fatigue in Schools

A Guide for Counselors, Administrators, and Educators

Alison L. DuBois and Molly A. Mistretta







Left: David Swerdlow, Westminster English Professor Right: Alison DuBois, Westminster Associate Professor of Education Credit: Westminster College

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THE HOLCAD - WESTMINSTER COLLEGE, NEW WILMINGTON, PA

**OPINIONS** 

# Goodbye Holcad?

10% 20% 30% 40% 50% 60% 70% 80%

A&E/Features Section Editor



Holcad Sports Editor Mason Flanigan said, "Our student-athletes enjoy seeing themselves featured in the paper. They love their picture in the paper and reading about their accomplishments along with snatching a couple copies to save share with their loved ones for years to come. We've taken that opportunity away by going online."

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It is important to have a wide outreach among readers, but the newspaper is ultimately written by students, about students, and for students.

Positive components of The Holcad being broadcasted in an online platform include environmental sustainability reaches. Certainly less paper will be used if we no longer print weekly editions. Virtual copies also ease distribution efforts; the paper staff would no longer lug large stacks of papers across campus on Fridays to ensure the spread of the latest news.

However, physical distribution seems like a small price to pay when we now face the possibility of no distribution. The general consensus seems to denote that nobody will take the effort to find out about campus news if it is not published as a physical copy they can see and pick up around campus. A virtual form of The Holcad leaves writers as though they are shouting into the void.

"We get a few pats on the back from the environmentally-friendly crowd and then accept we've just shot ourselves in the foot, as the hard work we put into these papers gets less noticed," Flanigan said.

Roach is looking forward to the opportunity The Holcad will have to advance its content given the new platform.

"It's important to realize the benefits that going online has. It will help us to be more timely with our news since we won't have to worry about the printing process. It will also help us to have more multimedia components to really spruce up our storytelling," Roach said.

If you've been tuned in to even an inkling of Westminster news during the past year, you are very privy to the idea of change as it is happening on campus. Change is surrounding the student body of Westminster College. The newest form in which we see this: The Holcad -- the newspaper you are holding in your hands at this very moment – is being converted to an almost exclusively online presence.

There is a shift toward technology in every facet of our lives. That's not Westminster-specific. However, Westminster's choice to convert our newspaper from a physical copy to a virtual copy rustles up a number of concerns. It seems everyone is on social media. We see the person next to us in class refreshing the tabs open on their laptops to see the most recent Snapchat and Instagram updates. But how many people are on WCN? How many people could tell you WCN stands for Westminster College News?

There's a possibility technology pushes are not designed for small towns with even smaller college campuses. New Wilmington is a small town. It is largely populated by Westminster alumni who like to check in with campus news by picking up a copy of The Holcad while out at Pizza Joe's or Tavern on the Square.

Holcad Editor-in-Chief Sydney Roach said, "I think we're going to lose a lot of our readers in the community. Holcad's approach to promoting the paper has typically been to just put our physical copies in front of many people as possible by stashing it around campus and in New Wilmington. I feel like our readers in the community are used to seeing the paper around town and have come to expect a physical copy every week."

Readership is sometimes difficult to promote. The Holcad exists in an atmosphere where people react most strongly to what is directly in front of them.

Holcad Publicity Editor Alexis Briggs said, "I think the transformation is a waste in this community. So many people get excited to see the newspapers. The online copies would not maintain the same reception. People barely read the papers, so why would they read the online version?"

Our surrounding community, no doubt

Credit: Charlotte E. Shunk

being somewhat influenced by our Amish neighbors, tends to resort to "old fashioned" ways of operation. Connecting to campus news via the internet is not likely a huge appeal to our community members. It seems an oversight to not factor in the communal consumption of news since they do make up a large percentage of our readership.

"I feel as though the many older members of the community who read the Holcad won't be pleased with the change. To older generations who have never known a world without physical copies of the newspaper, they might see the online switch as a hassle," Holcad News Editor Danielle Grady said.

A large appeal of virtual content is the "shareability" it may have. It is easier to send to a link to family or post an article on social media than it is to mail the entire newspaper home for mom and dad to see. Prior to this movement, though, The Holcad had both virtual and physical copies made of each edition. Virtual copies are helpful in reaching alumni and families who are not immediately present on campus. The stories published in The Holcad, though, are about people on campus. Change is difficult in a way unlike anything else. It is impossible to adapt until you abandon a former system. That becomes even more difficult when the current system seems to be working as intended.

Holcad Layout Editor Erica McNatt said it is exciting for The Holcad to try something new.

Keeping current is a good reason to try things you might not otherwise pursue. It is important to consider how much we value our publications when trying new forms, though. We have seen the loss of budgeting for a lesserconsumed student publication in the past year with Argo. If The Holcad diminishes while in its online platform, will it be given another chance to produce in print, or will it, too, be cut from the budget?

The edition of The Holcad you hold in your hands is the last one you will hold for a while. Change is unavoidable. That is true of every aspect of our lives. I'm just not certain it's always worth the risk.

Limitations on student publications through budgeting is spiraling out of control. Will The Holcad be lost in its conversion to an exclusively online platform?

Copy edited by: Sydney Roach



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# FEATURES

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THE HOLCAD - WESTMINSTER COLLEGE, NEW WILMINGTON, PA

### Titans Suffer Demoralizing Homecoming Defeat, Look to Move on at Thiel

#### **Dillon Story**

Correspondent



Credit: Mason Flanigan

The stage was set for the Titans on Saturday, with masses of students, professors, and alumni flocking to Burry Stadium. The Titans seemed poised to shake off their loss last Saturday and push back into the win column. After a hard-fought homecoming game, the final score came down to one mishap and what may have been inches from the goal line.

This was the first time the Titans have lost on homecoming under current head coach Scott Benzel, along with losing to Grove City two years in a row in the final seconds of the game.

After scoring 14 unanswered points on their first two drives of the game, Grove City quickly asserted their offensive dominance over Westminster. The Titans were able to answer with a Dwayne Brown touchdown catch from Cole Koniecza from nine yards out. Grove City once again scored, but the Titans were able to block the extra point, making the score 20-7. Westminster rounded out the first half with another score, answered quickly by yet another Grove City touchdown, making the score at the half 27-14.

Coming out of halftime, Grove City kicked a quick field goal, followed by a 1-yard rushing touchdown by Cole Koniecza. This only amounted, however, to six points after a failed two-point conversion. The Titans defense was able to hold off Grove City's offense, allowing their own offense to score yet again on a Conner Cox receiving touchdown, bringing the Titans within three points. After Grove City scored yet again, the Titans came back to score two more touchdowns, giving them the lead for the first time in the game. Looking to hold their 41-37 lead, the Titans defense was able to force a Grove City turnover only six yards away from the goal line. However, after an unsportsmanlike conduct penalty drove Westminster back to the two-yard line, a fumble by Cole Koniecza resulted in a Grove City recovery and touchdown. This sealed a humiliating 43-41 loss which may have closed the door on any chance the Titans had to win the PAC championship. This single mistake capped off a day that Westminster hopes to move past quickly.

The Titans will have a chance to get back on track on Saturday in Greenville against another PAC opponent, Thiel College. Thiel, who have only scored 29 points in six games and given up an average of 39 points per game, will certainly be the perfect opponent for Westminster to return to form against, hoping to get both their offense and defense back to where it was at the beginning of the season. The game will be broadcast on 88.9FM Titan Radio with Dr. David Barner and Mason Flanigan on the call.

# Leon Wins Second Straight NPC Show

Sports Section Editor



Bodybuilder James Leon was back at it again taking the next step towards his Mr. Olympia dreams with another National Physique Committee (NPC) show victory.

"In the last show I did have good conditioning, but I kind of lacked a little bit of size in some areas. So, when preparing for this show there was a lot of manipulating the carbohydrates, increasing my carb intake to fill me out. I was able to make what I looked like last show like it was nothing and I was able to surpass that. That was an essential thing to do because this was a much bigger show," said Leon on preparing for his most recent show. "For this show, I actually spent the night in a hotel that Friday night. I decided to leave class early on Friday because I wanted to feel comfortable. I did not have to do this show having to drive back and forth from Cleveland."

This show, compared to his previous outings, was the largest he has participated in with around four-hundred total competitors. Credit: Chris Hill

"These competitors were nationally ranked competitors I was going up against. These are guys that have won before or are coming from different areas. We were all coming together to compete to be the overall champion. The whole setting and feeling was so much different because it was so much bigger and many more people, it was a little bit overwhelming."

If it isn't intimidating enough with so many competitors, there are those who come with the competition.

"My friend Chris drives me to these shows, while some guys show up with a whole entourage. They have their trainer, coach, nutritionist all backstage and I'm just there with my bands where I'm just chilling. I get nervous, but I tell myself to relax because I know I'm ready. I don't get too high though, I don't go out and expect to blow out everybody. I just go on stage and be the best me I can be." said Leon on staying positive in his abilities. "As far as confidence goes, there are guys who are much older and experienced and I'm checking them out to see who is there. Yet, I felt like I knew I was going to hold my own in that show."

"I am going to have to get bigger and get stronger and kind of acclimate back into a bit of a relaxed state, things have now wind down. We did the work, we got the title, we have the trophy and now I just need to keep improving which is the most important thing," commented Leon about what is next for him over the offseason.

"My plan, for now, is to definitely put on more size over my offseason, I will be going to a national show in 2020 where I will be competing for a Pro Card," said Leon about the next show he will compete in. "This next show is no joke, there are going to be guys that will want to beat me and a lot of older and experienced guys, this will be the real deal. Going into it as a twentyone-year-old kid in his rookie season as a bodybuilder. Winning is not a common thing you see, but I am going to do everything I can to come out victorious."

Leon received two trophies as a part of his prizes, including a seven-foot-tall trophy that didn't quite make it back to campus.

"There is a crazy story, so that trophy was like seven-foot-tall, that trophy actually fell off the car while we were driving. My coach told me to enjoy the night, so I'm going to McDonald's to get a burger and we stop there. I am worried about the trophy because it is so large, it was in the back tethered to like two little strings. I look back and it is gone! That's when I said dude it is gone! The one was the same height as me, but this was the one that was 7-foot tall. We backtrack and find it along the side of the road, and it has been shattered. At first, I was mad, but I contacted the host and he is going to send me a new one. I got lucky with that!"

At the end of the day, James really shows how he truly is "driven to be different" in the sport of bodybuilding.