

Westminster College *and* The Heinz Lectures in Religion and the Religions
present



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GADEN SHARTSE
MONASTERY
SACRED EARTH
HEALING ARTS
OF TIBET

November 1 - 6

**All events to be held in the
McKelvey Student Center**

*All events are free and
open to the public.*

For more information,
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The monks of the Gaden Shartse Monastery, part of the Tibetan Gelugpa or yellow-hat order of which the Dalai Lama is the head, will visit **Westminster College** from **Nov. 1-6**. A Sand Mandala will be constructed on the ground floor of the McKelvey Center over a period of four days and will then be swept up in a ceremonial dissolution on Nov. 6.

EVENTS:

• **Tuesday, Nov. 2, 6:30 p.m. *The Inside Story: Images of Tibetan Monastic Life.***

Join us for a rare peek inside the world of a Tibetan Buddhist monastery. View a video slideshow of their sacred rituals and behind-the-scenes images. Berlin Lounge, McKelvey Center. Open to the public.

• **Friday, Nov. 5, 6 p.m. *A Journey to the Roof of the World: Sacred Dance and Chants of Tibet.***

Experience the rare sounds and dramatic imagery of Tibetan sacred dances, music, and chants. This complete stage performance with ornate costumes contains eight different performances presented in two 45-minute segments. Witherspoon Lakeview Room, McKelvey Center. Open to the public.

• **On Nov. 1, 3 & 4, 6 p.m.: *Chenrezig Meditation Workshop.***

A series of three sessions designed to teach a complete daily practice with the focus of Chenrezig (Buddha of Compassion). Practice incorporates purification, contemplation, and lojong (mind training). Each participant will receive a DVD and the text of the practice. Weisel Conference Room, McKelvey Center 255.

• **Saturday, Nov. 6., 8:30 a.m.: *Dissolution of the Sand Mandala.***

Despite the hours of painstaking effort and intense concentration required to construct this beautiful and meaningful artifact, the final product is not meant to be preserved but to be dismantled and ceremonially "dissolved."