

WESTMINSTER COLLEGE  
Student Health Center

REQUEST FOR ALTERATION OF PHYSICAL EDUCATION REQUIREMENTS

The Westminster College Department of Physical Education offers a variety of physical activities aimed at encouraging students to improve their fitness, knowledge and skill levels to generate a more vibrant and energetic lifestyle.

There is a four-course requirement for all students. Wellness (a classroom course) is required for **all** students. Also a swimming course is required (or the passing of a swimming proficiency test administered by the aquatic department). The remaining courses may be selected from a wide range of offerings.

Exceptions to the PE requirement based on medical excuses must be approved by the College physicians.

Students requesting to receive exemption from the physical education requirements need to have the following information completed by their physician and to submit it to the Student Health Center as soon as possible after they enter the College. Students experiencing changes in health status need to submit excuses based on those changes as soon as possible.

**Request for Alteration of Physical Education Requirements**

Requested Alteration:

- Exemption from Swimming Requirement Only
- Exemption from All Physical Education Requirements (excluding Wellness Class)

Student's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Medical information leading to diagnosis (lab tests, treatments, referrals)

**Required for completion of form**

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Describe physical effects or functional limitations resulting from diagnosed concern:

**Required for completion of form**

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Signature of Physician: \_\_\_\_\_

Physician's Address: \_\_\_\_\_

Physician's Phone Number: \_\_\_\_\_