CANOEING

This course is designed for students with all levels of canoeing ability, who want to participate in the outdoor activity of canoeing on the lake.

Objectives
1. Develop skills and competencies needed for basic canoeing.
2. Provide an enjoyable means of physical exercise.
3. Provide an enjoyable experience in the aquatic environment.

Content/Final Project
1. Learn the history and beginnings of the canoe
2. Learn the appropriate forms of canoe paddling
3. Be proficient in the canoe, learning how to paddle, steer, and stop

Evaluation/Grading
Grades will be based on class attendance, skill evaluation, and personal improvement throughout the term. Each class miss (after 1) lowers final grade 1 letter grade.

Attendance Policy
Regular class attendance is required. Excused absences (illness/exceptional circumstances) can be made up after consultation with the instructor.

A Health Center note must accompany extended excused absences due to illness.

Final grade will be affected if absences detract from normal progress in the course.

Attire Policy
Please dress for the chance you may get a little wet due to being on the lake. Also, please check an appropriate weather source for the temperature and make sure you have adequate layers if necessary.