On July 16th, 2018, Professor Peggy Cox passed away after a short battle with cancer. Professor Cox taught in the art department here at the college for over 30 years. Students, faculty and friends who knew her have the chance to relive the intense passion of her work. Now in the Foster Art Gallery, there is a showcase of Botanical Threads, featuring the work of Mary Lou Alexander and Professor Cox. Ms. Alexander and Professor Cox worked closely together to create illuminating works of art through the use of cloth and natural dyes. Although their techniques differ, the processes they used to create art are somewhat similar.

The work that Peggy created features techniques that some may never have seen before. Her process mainly consists of using natural dyes produced from various plants and insects on fine cloth. This laborious process starts with the cloth being treated in a detergent solution to rid it of any impurities. A mordant is then applied which forms a chemical bond with the cloth. Next, the treated cloth is put through a process known as “dunging”; the cloth is soaked in a calcium carbonate solution. This allows a long-lasting bond between the cloth and the mordant. Afterward, the dye is applied as a paint or soaked in a bath. Finally, the cloth is steamed to bond the dye and mordant. These processes produced the beautiful artwork that friends, family and colleagues of Professor Cox had the opportunity to experience at Westminster this past Saturday.

Before teaching and creating art at Westminster, Professor Cox attended the University of Louisville, receiving a bachelor’s degree in studio art. She then attended graduate school, receiving a master’s of fine art from the University of Pennsylvania in Philadelphia. Shortly after, she received a position from the college, where she worked for thirty years. Following her first few years at Westminster, Professor Cox received a grant to live in Iceland and paint for a summer. This grant allowed her to influence lives inside and outside of the country through her diverse works of art. A variety of the work she created throughout her life is now displayed in the Foster Art Gallery here at the college.

This past Saturday morning, friends, family, colleagues, and students of Professor Cox were invited to appreciate her works of art in the gallery. Following the opening of the gallery, everyone was invited to listen to words of remembrance from those who were close with Professor Cox. Her son Wyatt shared stories showcasing her cleverness. Dr. Carolyn Cuff read selections from Professor Cox’s journal entries; Professor Summer Zickeloff shared emails and letters from past students, and Dr. David Swedlow made personal closing remarks. In an interview, Dr. Swedlow stated, “Some artists merely reproduce nature. A few, like Peggy Cox, cooperate with nature to add to this world. I don’t think I ever saw color fully until I worked with Peggy in class, until I listened to her seeing colors, until saw her make them in her work. I see the world differently because of Peggy. I see it better. I live in a richer world because of her.”

Speakers highlighted her bright personality and all the good she had done in her life. Professor Cox was always known for the care she devoted towards her family and friends, her love for cats, her artistic vision, and her ability to shape the lives of everyone she encountered. She was an avid gardener and was continually involved with wildlife throughout her life. Her energy, spirit and humor will forever be seen in the artwork she left with us.

When asked about Professor Cox’s impact on his life, junior Martin Koegler “I had professor Cox for one semester, her drawing landscapes class. I heard about her passing in an Instagram post, and it hit me so much because I never got the chance to thank her for the invaluable lessons she taught. Everything from the powerful life lessons to the quirky dialogue she gave while demonstrating. She reignited my love for art, which helped open my eyes to different ways I could approach my own major, English. Knowing her through, she probably would be telling a joke or some quirky phrase instead of mourning.”

Following the conclusion of the remembrance, attendees were invited to a reception to share food and bond over a collection of Professor Cox’s paintings. Everyone was encouraged to take a painting in memory of our late Professor Cox. Although a walk to the field station was scheduled to occur afterward, it was moved to October 4th, and will be followed by a speech from Professor Cox’s colleague, Mary Lou Alexander.

Quote of the Week:
“The purpose of a writer is to make the revolution irresistible.”
- Toni Cade Bambara
Welcome to your newspaper. That’s right. I wrote “your newspaper,” not “a newspaper.” It sounds like something special, doesn’t it? It is special, but in an important way. You see, writing “a newspaper” would imply that the Westminster Holcad is a newspaper like any other—but, as far as I’ve been told by all my sources, there are no other Holcads. Plenty of Gazette, Journals, and Chronicle, but the Holcad, well, it’s just us.

But, what exactly is a Holcad? I’ve never heard the term before I came to Westminster and googled Google searched revealed why: there’s not much said about the word Holcad in modern English. According to several online dictionaries, a holcad is a “ship of burden in Ancient Greece.” This term refers to a ship, so a Holcad is simply a larger merchant ship capable for handling and delivering goods. Now…basically, the term Holcad has become synonymous. I mean, we don’t really have merchant ships anymore—we have cargo ships, bulk carriers, tankers, and those really silly things called airplanes. In fact, the term Holcad is now so obscure, so irrelevant, that the only thing it has to exist is in…us, Westminster.

Here at the Holcad, we are on campus news. Our task is to New Wilmington. And our port lies in the hearts and minds of Westminster students, faculty, and alumni. And, hey, if we can touch the hearts of a few wayward wanderers traveling through the area, the better.

We are a part of a port, full of a constellation of unique vibrant hopes and dreams, and we cannot fill our hold with just anything. We cannot simply sail out and return with the easy answers. After all, if you (or your newspaper) shouldn’t open your campus newspaper expecting to find the news across the nation. You open it to find the stories that—ones that are sometimes hard about because they are specifically hard, specifically new, and specifically Westminster.

Our newspaper, though it may be, should speak to the accomplishments of our staff, our students, our athletics—our community. It should be something Westminster can hold up and be proud of; something that students discuss and faculty display because it embodies what it means to be a part of the Westminster family. Our newspaper should be something we can celebrate and something that celebrates us.

And so, we, as your newspaper, will not spew news from our mouths. Our readers deserve more than that. Instead, we will correlate with other Westminster-based news teams to bring our community stories that exemplify what it means to be a Tabernacle that put “the art” in Westminster.

In the end, we are your Holcad, Westminster. Our goal, since our institution in 1884, has been to foster your community: to build our institution in the hearts and minds of students, faculty, and alumni. And, hey, if we can touch the hearts of a few wayward wanderers traveling through the area, the better.

So, welcome to your newspaper, Westminster. Anchors away!

A Newspaper by Any Other Name

Michaela Blasum

Welcome to your newspaper. That’s right. I wrote “your newspaper,” not “a newspaper.” It sounds like something special, doesn’t it? It is special, but in an important way. You see, writing “a newspaper” would imply that the Westminster Holcad is a newspaper like any other—but, as far as I’ve been told by all my sources, there are no other Holcads.

The Holcad, as the ...
Staying Cool

Donald Harmuth

If you're anything like me, you despise the heat. If you play sports, try to study in your dorm, or just enjoy warm weather, you have some solutions for your polar bear.

While sweating it out builds character, it’s no fun. For studying, relaxing, or sleeping. The only solution is to go somewhere where there is a conditioning like your library. Room 405 was a great place to study because of the steady, ample work space, and easy access to food, so if you spend anytime in your dorm when it is in the 70's or higher, it gets uncomfortable. As we work our way into September and prepare for our next chapter, there's likely nothing we want more than 50 years of air conditioning.

First thing you need is copper tubing. It is commonly sold in coiled form in lengths of 25 feet, and an exterior diameter of the tubing is 5/16 inch. Get 50 feet of tubing in total. I'll tell you why below. While there, get the cheapest plastic tubing with double wall tubing in total. It'll set you back about $15. While there, get the cheapest plastic tubing for $3 a piece. You can add a $7 aquatic pump from Amazon if you ever get tired of pouring water into the bucket into the cooler.

You can put drinks in there to keep them cold too. Next, having to switch the full and empty containers. You can get 5 gallon buckets for $3 a piece. Plus, you can stop at your favorite food place while you're out getting supplies. I am going to pack everything else. Starting from the outside, attach the copper coil to the fan (the side where the air blows out) with zip ties in concentric circles until the center. Then put the plastic tube on the copper. It is about 2 feet long on each end. One end of the plastic tube goes into the cooler (on the end of the container for longest drain period), and the other into the sink drain. Put the cooler down from the bucket (I found the bucket drain bucket below the sink. On the drain until water flows. Then, turn on the fan and enjoy.

While the air may not be "a/c cold" after a few cycles, you will notice the room is more comfortable. Warning: these books may cause even more sleepless nights from the burning need to know what happens next. You have been advised...
FEATURES

Rutine Events, Routine Excitement

Charlette E. Shunk

Most students have probably heard about the leadership retreat that took place on October 11. For those who hadn't, it was an event where members of each of the student organizations and tailored the retreat's topics to those areas.

In the spring of 2018, SGA leaders and officers were heavily focused on the retreat as SGA allocations, due to the fact that SGA had just implemented a new allocations process for student organizations. The allocation process and evaluation of what organizations have planned for the upcoming school year and how much money they need to complete their plans. Kyle Kovach, senior financial economics major and SGA Finance Chair, explained how the new allocation process is different. "The new allocation process takes place separately from audits, as opposed to the old process, which combined both allocations and audits. Audits are evaluations of what purchases offices made during the previous school year. Kovach said, "[The old process] was fine, but what became dangerous was that of the organizations in the spring were not the same officers in the fall. This meant that the new officers would enter the semester with SGA funding but may not have had the same goals and events in mind as the former officers. Audits now take place in the spring, with the officers who are finishing their term, while allocations take place in the fall with the newly transitional officers. This allows the officers who do the audit to meet with the finance committee and explain the purchases the made over the last school year. In the fall, new officers are able to use their events and budget for those events, so their events and budget are related. We reduced from the allocation requests that were many organizations that also have ideas and events planned out for the entirety of the school year and had accurate budget requests to go along with their ideas." The retreat was successful in achieving its goal of guiding leaders of student organizations and implementing SGA allocations. Kyle Kovach said, "I think, as a whole, the retreat was a beneficial teaching experience to the organization leaders. Small group conversations about what needs to be done, action plans for upcoming events and request supplemental funding if needed." Due to its success, the retreat will be held again this semester. For SGA allocation requests, due to the fact that SGA has just implemented a new allocations process for student organizations. The allocation process and evaluation of what organizations have planned for the upcoming school year and how much money they need to complete their plans. Kyle Kovach, senior financial economics major and SGA Finance Chair, explained how the new allocation process is different. "The new allocation process takes place separately from audits, as opposed to the old process, which combined both allocations and audits. Audits are evaluations of what purchases offices made during the previous school year. Kovach said, "[The old process] was fine, but what became dangerous was that of the organizations in the spring were not the same officers in the fall. This meant that the new officers would enter the semester with SGA funding but may not have had the same goals and events in mind as the former officers. Audits now take place in the spring, with the officers who are finishing their term, while allocations take place in the fall with the newly transitional officers. This allows the officers who do the audit to meet with the finance committee and explain the purchases the made over the last school year. In the fall, new officers are able to use their events and budget for those events, so their events and budget are related. We reduced from the allocation requests that were many organizations that also have ideas and events planned out for the entirety of the school year and had accurate budget requests to go along with their ideas." The retreat was successful in achieving its goal of guiding leaders of student organizations and implementing SGA allocations. Kyle Kovach said, "I think, as a whole, the retreat was a beneficial teaching experience to the organization leaders. Small group conversations about what needs to be done, action plans for upcoming events and request supplemental funding if needed." Due to its success, the retreat will be held again this semester.
No one will deny that New Wilmington is a relatively small community, known to most outsiders simply as the home of Westminster College. Before I arrived at college, I moved the community in much the same way. However, during my first weeks here, I discovered that New Wilmington is home to a treasure trove, if you know where to look. The Silk Road, Pirates, the Fresh Marketplace, and the various shops in the surrounding area all add to the charm of Westminster’s home town. These are all easy to find, whether you’re an outsider or a full-time resident. One of the cool gems, though, is hidden just off Chestnut Street every Saturday from 9 AM to 1 PM, May through September: the Fresh Marketplace.

The Fresh Marketplace is New Wilmington’s own farmer’s market, selling food, produce, crafts and more to community members. The market also offers live bluegrass and folk music each week, along with various children’s activities. The market was opened in 2015, and has since become a hub both with locals and visitors. In 2016, the Fresh Marketplace was named one of the top five “Most Amazing Farmer’s Markets in Visit to Pennsylvania” by Only in Your State, a website dedicated to highlighting the unique places worth visiting in each U.S. state.

It was able to find the market through a project for my Food, Society, and Culture class, taught by Dr. Park. For the project, we created tables and volunteered at the Fresh Marketplace tables for the day. Our task was simply to make and serve smoothies to market patrons, but the experience was more than that. As we made and served smoothies, we had the opportunity to speak with many of New Wilmington residents. One of the comments we received the most was that it was nice to see Westminster students at the market. Alumna and I were initially confounded, but as the day progressed, we began to understand. By the end of the day, we had met a handful of our peers.

This may sound unassuming, and you may be wondering why you should care. What many people (like myself, before I volunteered at the market) don’t realize is that many of the farmers and craftspeople involved with the Fresh Marketplace also have significant ties to Mother Fair. Many are alumni or friends of the College. Some, however, have even deeper ties than that.

At this week’s market, on Sep. 15, community members will gather to celebrate the potato, a staple for many of the Irish immigrants who came to Pennsylvania early in our nation’s history. It is here that we find a particularly delicious link between Westminster and the community: the Neshannock Potato. Also known as the Gilkey Potato, this particular type of potato was grown on farm in present-day Lawrence County. It is a result of the Gilkey Potato breeding in the late 1790s and early 1800s. The Neshannock Potato became more well-known, the Gilkey family began impacting the community more and more. When Westminster was still in its infancy, the Gilkey family purchased 7 bonds to help the College expand into what it would become today.

Each week, the Fresh Marketplace is organized around a different theme. For the final Saturday of the market’s season, these themes will be “Potato Festival and Fairness.” On Sep. 22, “Market Days” on Sep. 29, “Legends of the Market” on Oct. 6, and “Farmers in the Street” on Oct. 27. Fresh Marketplace also have significant ties to Mother Fair. Many are alumni or friends of the College. Some, however, have even deeper ties than that.

The Fresh Marketplace is just one way to engage with the past, present, and future of the community and of Westminster. Mary Capoferri, manager and organizer of the Fresh Marketplace, stated, “The connection between the local farming community and the College is strongly supportive... Sons and daughters of local farmers go to Westminster in just one way to engage with the past, present, and future of the community and of Westminster. Mary Capoferri, manager and organizer of the Fresh Marketplace, stated, “The connection between the local farming community and the College is strongly supportive... Sons and daughters of local farmers go to Westminster...”

Benjamin Patosky

**The Fresh Marketplace, Better Than Duff**

Shania Kennedy
An updated English major curriculum is being launched this semester—one that seeks to cater to students’ preferences, and one that faculty within the department have been working on for months.

Professor of English and chair of the English department, Dr. Andrew Ade, provides a wealth of knowledge and insight regarding the updated major:

The revamped English program now offers students two concentrations to choose from within the major. Dr. Ade explained: As listed in the current undergraduate course catalog, students now have the option to pursue either an English major with a concentration in literary studies or an English major with a concentration in writing.

The concentration in literary studies focuses on analysis and criticism, immerses students in literary movements and trends, and gives them a real sense of periods throughout the history of literature, Dr. Ade said.

While students will still learn about literary studies through the English major with a writing concentration, Dr. Ade described, this track allows them to have more of a writing experience by having it in different types of writing—creative, professional, business and so on.

First-year English majors will not be forced to choose which concentration they want to go into right away, the introductory course for both tracks is the same. A few of the initial courses are the same between the concentrations, Dr. Ade explained, because the department did not want students to feel pressure to declare one or the other within their first year.

“We wanted to make the first year a common experience shared by everyone in the major,” Dr. Ade said. “We wanted to make the first year a common experience shared by everyone in the major.”

Dr. Ade said that, moving forward, the department is going to do its best to accommodate these requests, as they began revamping the curriculum.

“We started to do research and found that a lot of schools are offering two kinds of English majors,” Dr. Ade said. “We spent all last year figuring out how a system like that would work for us—we wanted the major to be something all students.”

Once the English department faculty—then, Dr. Ade, Dr. David Swedeiss, Dr. Deborah Mitchell and Dr. Kristianne Kalata—hashed the details out and got to a point where they could envision executing it, the updated curriculum was submitted for approval.

It first went to the Curriculum Committee, then on to the faculty at large and the Dean of the College, Dean Coker.

“The whole college has to be behind it in order for something like this to happen,” Dr. Ade said. “We had no objections, and people wished us well,” Dr. Ade said.

Dr. Ade said that, moving forward, the department is going to do its best to accommodate these requests, as they began revamping the curriculum.}

Major Changes to the English Major

Dami Grady

Fractured Grape Finds New Home

George Huncik

New Wilmington is a small town, but its character is far larger than someone unfamiliar with the borough might expect. Despite its tiny size, Westminster’s, its students, and its faculty provide a means to drive the economic and growth of several specialty small businesses in the area such as Piquette, The Weight Place, Hall of Hobbies, and a few local restaurants. One of the most significant businesses in town is probably The Fractured Grape, a winery that serves locally produced craft beer and fine wines.

Over the past few decades, microbrewing and craft beer have gained a significant amount of traction and popularity nationwide, and artisan winemaking is beginning to follow suit. Currently, craft beer was once $5 billion in retail sales annually, and close to 15 percent of the production volumes share in the U.S. Craft wine is also growing exponentially alongside in happy hour party tables.

The Fractured Grape has its roots in the house of the Nosevel family. In 2006, they began making their own wine and eventually began opening their garage to share their wine with friends and family once a month. The event rapidly grew in popularity due to word of mouth and friends of friends becoming interested, and in 2012, they began opening Nova Collins every weekend.

In 2013, the Nova endeavor grew to include Fractured Grape Wine Cellars, which has a fundamental operating principle of giving back and helping others. Every wine is linked with a local or national charity and portions of the sale go to their respective organization.

In the time since, Nova Destinations has moved to its current location at 1474 State Route 208, a few miles up the road from New Wilmington, and the company has grown to include not only The Fractured Grape, but also Nova 208, a craft brewery, Knobbed Noggins Cidery and Winery in Volant, Liquor Fusions, an olive oil and balsamic vinegar shop also located in Volant, and Hop Alley, another brewery. In the future, Nova plans to begin carrying craft spirits at its current location under the moniker of Nova Distilling.

Several current Westminster students and Westminster alumni are employed by Nova Destinations. Marty Koegler, a 2016 Westminster graduate in broadcast and digital communications, has been working at Nova since July 2015. In his current position as Head Winemaker, he oversees the production of about 25,000 gallons of wine annually, from the very beginning to the time when the wine gets bottled and corked. Nova also contracts out to some non-local wineries, and Greene in is in charge of that production as well.

Greene explained that The Fractured Grape moved to its new location simply because it outgrew the old one. The new store provides better parking and more breathing room for customers, as well as more production space for the company’s cider and beer.

The business hosts events at its new location on Market Street often. Every Tuesday, the winery hosts a Trivia Night, and a Pasta Pizza Walk is in store on October 7th. The end of October and beginning of November will see the return of the HalloWine Trail and include several of Nova’s other businesses as well.
Westminster took some time out of the busy beginning of the school year to get to know two of its most distinguished professors. Dr. Tim Cuff and Dr. Carolyn Cuff took part in the first faculty spotlight of the school year on Monday.

The event began with Rev. Mohr, the college chaplain, welcoming everyone and leading the audience in prayer. One of the moderators for the event was Kevin Hart, a junior business and sports management dual-major who is also a member of the ministry leadership for the Westminster Chapel staff.


Dr. Carolyn Cuff received her graduate degrees in operations research from Case Western Reserve University. In 1986, she started teaching at Westminster. Her teaching areas include statistics, data science, discrete mathematics, and operations research. She is active in the Mathematics Association of America, currently serving on the Joint Committee on Mathematics and Statistics. She also serves as an associate editor for CASE, the Consortium for the Advancement of Undergraduate Statistics Education and works on the resources for the web page.

The Cuffs answered several questions about their journey to Westminster and what it is like to teach in their respective fields.

“Be nice to work at a place where concern for students is paramount. We’re all scholars and remember, we’re here for you,” said Dr. Tim Cuff.

The Cuffs then told the audience of their roots, with Mr. Cuff growing up in Ohio and Mrs. Cuff spending the beginning of her life in Maryland. As members of the Westminster class of 1978, they both illustrated the strong connections they felt to the campus.

“I really don’t think that students have changed that much. There’s an ebb and a flow to any institution and I think there’s an ebb and flow to Westminster,” said Mrs. Cuff.

In the final round of questioning, the Cuffs were asked if they had any advice to give to the students in the audience. Both of them encouraged students to get out of their comfort zone and take advantages of the great life experiences that life at Westminster can provide. “We often don’t see that there are two sides to risk. There are still risks in not making choices too,” said Cuff.

“Don’t be afraid of taking chances. Humans are inherently not good at quantifying risks. It all depends on getting out of your comfort zone,” said Cuff.

The event was sponsored by the office of Faith and Spirituality and announced that the next event will be a concert by Pavel Lestan, who will also be delivering a presentation, titled, “World Changing 101.”
WE ARE WESTMINSTER

Sarah Conn

President Richardson, faculty, staff, parents and distinguished guests: Welcome.

And to all of our New Titans—Welcome home.

My name is Sarah Conn and I am a senior biology major. As the president of our Student Government Association, better known as SGA, I was asked to speak this afternoon, but the truth is—three years ago—I was just like all of you.

I would like to say that I remember every detail from my own convocation. That I remember every person who spoke and exactly what advice they gave me, but embarrassingly, I don’t. I do remember Dr. Richardson standing up here giving a genuinely moving speech, and the only point I want to remember is that she said she would be our academic mom. You know what I remember more than the words and the speakers and the advice? The sky was blue.

The most confident parents might look like they “have it together” but each of you are all filled with unimagınable pride accompanied by cripplıng worry about whether Westminstér is a safe place for your students to become the independent adults you know they will grow into. And yes, even the most confident looking students are unsure of the future. Westminstér will bring them. The unknown is scary to even the bravest of hearts. But these little lifes will help you calm those fears. WE Are Westminstér.

Now, that is the end of my “speech,” but before we move on to the next thing, I thought you new Titans might want some advice from someone who has gone through all of this. I don’t expect you to remember this in three years, but I hope that you take it to heart this weekend and throughout the coming semester.

1. Take Orientation Seriously:
   It is very easy to become overwhelmed, anxious, and frustrated with orientation. You have been thrown into a completely new situation in which—let’s be honest—your main goals are succeeding academically and making new friends. (Mine were to not get lost on the first day.) But what you will realize later in your time here is that orientation is where you learned how to succeed in both.

   During orientation, you will meet faculty, get your schedule, and find out where your classes are. And, if you actively listen, they will give you helpful tips and tricks that will help succeed in your major and in your academic career. This, however, is a two way street. The Westminster faculty want nothing more than for you to succeed, so you need to take initiative to ask help from them and to listen to the advice they give you.

   During orientation, I also found my best friend—and you know what—she was in my Inquiry group. Remember that everyone is nervous and that you are all in the same boat. It is important to open up, by yourself, and to get to know the people in those groups. You may not necessarily be best friends with every single one, of them but you just might find your own Theodore Constantine.

2. Try New and Terrifying Things:
   Now, before the students go around telling each other “We can try this because the SGA president said it and it was okay to do new things” and the parents have heart attacks because I’m telling their student to try new and terrifying things—Take a deep breath. What I mean is that Titans push themselves out of the zone of comfort that we all love to live in.

   If you told me three years ago that I would be standing here today giving a speech, I would have genuinely laughed at you. After high school, I remember distinctly telling my parents that the only class I was worried about taking in college was Speech. Hope you can all appreciate the irony of that and that you will find the humor in the scenario we currently find ourselves in. If you’re curious, I had Dr. for Speech 111 and I did pass—with flying colors I might add.

   Now, if you had told me freshman year that I would be standing here today giving a speech as the SGA president, I would have most likely fainted on the spot. I was not involved in my first semester because I wanted to focus on my academics—or at least that is what I told people. The real reason was because I was worried that no one would vote for me if I run for the SGA senator position or no one would like my ideas if I joined CPC, our Campus Programming Council.

   I spent the first semester doing the things I thought I might want to do. I thought you new Titans might want some advice from someone who has gone through all of this. I don’t expect you to remember this in three years, but I hope that you take it to heart.

3. Lean on the Westminstér Community in Failure & Success:
   Westminstér will bring you true friendship, extreme stress, deep pride, and unするのはたたかい. During those hours you will need to lean on your Westminstér Community. I have had many defining moments here at Westminstér, but they came after some of my worst failures. Without the support of the faculty, staff, my amazing Shaw Squad, and new fam, I would have never survived this difficult but amazing experience. This is why Westminstér is our community, we are a home, but, most importantly, WE Are Westminstér.

   To all of the parents—Don’t worry, we will take care of them. And to our brand new Titans—Welcome Home.

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Tackling a New Season

Past and we continue to hit the core of our recruiting class excites me. We reached in areas where we haven’t hit in the expressed at a conference, “The depth of this year’s class named on the ‘PAC Players to Watch’ list. “ Coach Benzel Paulinellie (DuBois, PA / Dubois Area), Bill Madeja and Miguel Luis (Hollywood, FL / Mater Academy), Bryson Fitzgerald (Monroeville, OH / Youngstown East), John Fitzgerald (Youngstown, OH / Youngstown East), and the Jaguars over the Giants, just to name a few. Winning over the Texans, the Buccaneers over the Saints, 21-21 overtime tie against the Cleveland Browns. The running back has been willing to give up his paychecks for week one that roughly estimates to $853,000. With the increasing amount of time that this ordeal has taken, there has certainly been a countless amount of fan uproar over the star’s decision to remain apart from the organization. However, it was not until recently that Bell’s teammates have shared their true colors and expressed their opinions on the matter. For instance, Ramon Foster chimed in and remarked “The Bell” is making 7 times what I make... and we are the guys that do it for him.” Second teammate David DeCastro was also quoted as saying, “just sit out and refrain from being ‘money hungry’ . However opinions among teammates on the drawn out salary debacle. Antonio Brown believes that strong the opposition may be, Bell does have a support system regarding his decision. Antonio Brown believes that Bell is doing what is respectable and that fighting for what you worth, is the right path to take. According to Bell’s agent, he (Bell) is willing to stay away from the team and their functions, he is in it for the long haul. Your matter on the stance on the news, the Pittsburgh Steelers will still need a running back to fill the void left by Conner. The man that has stepped up for the job was James Conner. On Sunday, the Steelers struggled through miserable weather with six turnovers. Yes, Conner came through with a game-breaking performance that his team wanted to see, with 112 total yards and two touchdowns in a 31-21 overtime victory against the Cleveland Browns. That is more yards than Bell. Teammates needed Center on his first career touchdown that went impressively well with the scoreboard, which was one of his 36 touches on the day, that included five receptions for 57 yards. The question remains, will the Pittsburgh Steelers get their talented running back to sign to the organization, and will or will the overshadowed James Conner continue to get a shot in the spotlight to show his worth? That answer can only come with time. A huge aspect of learning from experiences and then applying them outside of the game. There are a lot of things to be grateful for before a season starts, as it normally takes the absence of the sport to realize all it has given an athlete. I asked several players what they have taken from their athletic career, and a common theme permeated throughout their answers. Brett Con and Luis begin by describing their journey’s as “an amazing experience” and they thank “the people that have taken [them] in” and introduced them to “the culture, coaches, players and faculty of Westminster College.” Luis continued to express that “the long haul, most importantly, time management skills, with all the meetings and classes, practice, it has been a great teaching tool for [the] team.” Con is also thankful for his “life skills [he] has taken away from playing college football: performance, work ethic and respect.”

NFL Preseason

With the National Football League’s opening week well underway, teams are looking to prove themselves with the addition of incoming players as well as teams such as the Philadelphia Eagles doing all in their power to defend their Super Bowl reign. Fans are certainly overwhelming with excitement to finally have “Monday Night Football” return as a normal part of their weekly routine. The season kicked off with the league’s opening game last Thursday, where the returning champs (Philadelphia Eagles) were able to defeat the Atlanta Falcons 18-12. The first week also introduced various teams like the Patriots winning over the Titans, the Buccaneers over the Saints, and the 49ers edging out the Eagles. However proud or disappointed you might have been with the performance of your favorite team last week, there is still one team that is missing a key part of their roster. I am sure you already guessed it, the Pittsburgh Steelers. According to the team’s reserve/Injured Reserve list, 17 players are listed as out for the season due to injury. Due to the extent of the injuries, the Steelers are in a heated negotiation with their external running back, Le’Veon Bell. This feud has been going on since the preseason, due to the talented athlete and the Steelers Organization being unable to find a middle ground in the contract dispute. Le’Vin Bell did not report to the Pittsburgh Steelers before this week’s game against the Cleveland Browns. As Bell continues to fight for the contract negotiation, he has not attended any Steelers functions and apparently does not plan to until a deal is made. With the first week underway and Bell a no-show, the star running back has been willing to give up his paychecks for week one that roughly estimates to $853,000.

ANSWERS

SUDOKU PUZZLE & HOROSCOPES ON PAGE B6

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The Titan football team is starting out strong this season with a win at the PAC opener against Waynesburg. Coached under 4th head coach, Scott Bandt, the team was chosen to place third in the Presidents’ Athletic Conference (PAC), according to the 2018 PAC Preseason Football Poll. In addition to this vote, Westminster seniors Tackle a New Season

By Emily Krinos

Brett Bartholomew

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Westminster Soccer's Journey
Carolina Hess

While most of us were clinging to the last days of summer freedom, the men's and women's soccer teams were busy getting ready for their training trip to Hawaii. But make no mistake, it wasn't all fun and beach days for these athletes. The teams put in hard work during their training in order to prepare for the season ahead. Senior Reality Brice commented, “The trip to Hawaii was a great way to start the season, because we were able to do a lot of constructive team bonding activities that allowed for everyone to get to know each other better and to welcome the freshmen. It also allowed us to see what aspects of the game we needed to work on right away and to think about the formation we wanted to play this year because we were able to play two games against very good teams while we were there.”

So far, the men's team has performed exceptionally well. They opened their season at the Defiance College Tournament. On Saturday, September first, the team defeated Penn State Beaver (8-0) with impressive performances from junior Peter Matschka and sophomore Nick Bogin, each scoring twice with an additional assist. The following day, they enjoyed a victory against Defiance College (4-1). The following Wednesday, September fifth, the team improved their record to 3-0 by shutting out Penn State Altoona. The men's soccer team has undoubtedly displayed talent and drive so far this season.

According to a pre-season interview, Head Coach Girish Thakar is excited about the depth of his team, which was improved by an exceptionally large recruit class of 23 first-year students. First year Logan Mannheimer speaks to his experience so far, saying, “This year with the team, I very much look forward to PAC games, which start in October, and experiencing everything college soccer has to offer for the first time. The only thing I can say about our team this year is that we have the talent to go as far as our work ethic and attitude will take us.” With such a large incoming class, the seniors are rising to the responsibility of leading the team. Senior Zach Freys says, “We have five seniors on the team this year and all of us are on the same page with our goals for this season, which are to win PACs and make the NCAA tournament. We've spent countless hours training, preparing, and guiding the underclassmen and each other in accordance with our goals.”

Last year we were in the top 20 teams in the nation for goals scored in a season, but we weren't even able to make playoffs, which was a direct reflection of the lack of leadership. This year, our biggest challenge is definitely overcoming the remaining themes and attitudes left over from last year's season, but I'm confident that we can rise together as a team and fulfill our goal.”

Similarly, the women's team has had a phenomenal opening to their season. At the Defiance College Tournament, they defeated Westminster College (2-0) and Defiance College (6-1). Sunday's game featured an impressive performance from senior Kady Brice, who scored three of the team's four goals. The Titans won their third game straight on Wednesday, September fifth against Penn State Altoona, beating them 2-0. With such a strong start to their season, it will be exciting to see where this team goes.

The women's team also has benefited from a large recruiting class, adding sixteen first-years to the team. First year Reagan Olson says, “In general, our crowd strength is the amount of talent we have with such a young team. There’s a good mix of returning upperclassmen who will all contribute in some way this season.” There is a lot of excitement amongst the returning team members, who sense that this fresh talent will create opportunities to take the team to new levels. Senior Kady Brice adds, “I'm definitely looking forward to getting to play my last season with such a talented group of girls, and I'm excited for senior night with the other seniors. I think out of all the years I've been here this is definitely our year to set PAC NS as a very fit, skilled, and strong team definitively and offensively, and I think once we work on all the little links moving forward, we are going to have a real shot at bringing the PAC trophy to Westminster.

Both the men's and women's teams have their first home games of the season on Saturday, September sixth. The men will be playing at 1 pm, and the women will be on the field at 3:30 pm. Make sure to come out and support the Titans as they strive to achieve impressive goals this season.

Westminster College soccer team in Hawaii: Photo courtesy of Westminster College.
ARIES
A cleaning and organizing effort will be a stellar way to start the week. The endeavor will not only make your external life more organized, it will also make the inner structures of your thought process sparkle and shine. Everything you get involved in this week will be favorably affected.

GEMINI
Most of this week shows you in a spontaneous and generous mood. You’ll certainly keep the others on their toes, as they’ll quickly learn not to make assumptions about you. Your company is a treat. Maybe they’ll get an entertaining story, or maybe they’ll get their needs met and their wishes granted.

LEO
Younger people need to be selfish. It’s a normal part of human development. They are charged with creating their own sense of identity, which cannot be accomplished without a degree of self-centeredness. This fact of youth will have impact as you, or people you love, set out to build a life.

LIBRA
What you call things matters. Hunger moves when you call it fasting. A friendship changes when you use the word romance. The same surgeons are feared or desired, depending if they are called necessary or elective. Your mood will lift when you give something a new name this week.

SAGITTARIUS
The gymnast aims to “stick the landing”: to end the acrobatic move with both feet planted firmly on the ground without a stumble. Paradoxically, learning this kind of certainty can only come from stumbling, falling and adjusting. Be patient with yourself as you stumble toward certainty.

AQUARIUS
While some friendships are like fashion that changes with the seasons, you devote yourself to bonds that never go out of style. You’ll focus on relationships that have suffered wear and tear over time and are somehow better for it — softer, more comfortable and more valuable.

TAURUS
In hieroglyphics, the ear is a symbol for imploring the gods to hear the prayers of mortals. If the ear were a letter in your alphabet, you might use it often this week, too. The attention of higher ups could make a huge difference toward reaching your goals. How can you make them listen?

CANCER
The landscape of your life has changed. The change happened while you were looking right at things, only it happened so gradually that you couldn’t detect it. You’ll have fun discovering what’s new. You’ll find it’s best to adjust your expectations according to what you learn.

VIRGO
A good dentist never pulls her own teeth, and a lawyer who represents himself has a fool for a client. Consult other experts to handle a part of your life this week. You could do it yourself if you really had to, but that doesn’t mean you should. Let others work and advocate for you.

SCORPIO
You’re ready to get into a new way of thinking. For this to happen, you’ll have to let some old thoughts die. It’s the way to intellectual levity. Emotional and spiritual benefits will follow in the wake. The weekend brings a birth of sorts. You’ve done this before, but this one is really special.

CAPRICORN
Younger people need to be selfish. It’s a normal part of human development. They are charged with creating their own sense of identity, which cannot be accomplished without a degree of self-centeredness. This fact of youth will have impact as you, or people you love, set out to build a life.

PISCES
Knowing the way clouds are formed will never be enough to know the shape any cloud will take. Similarly, you’re not going to know the result of this project until you finish it. So revel in the suspense and keep working. You’re in for experiencing something you couldn’t have predicted.