The Peace Corps is a program whose mission is to "promote world peace and friendship." Students who have earned at least a Bachelor's Degree are eligible to travel around the world to provide service in underdeveloped countries. Students immerse themselves in a new culture as they serve in one of six service areas: agriculture, community economic development, education, environment, health, and youth in development.

The Peace Corps volunteer will serve for two years in one of 462 different countries around the globe, including regions in Africa, Asia, Caribbean, Central America and Mexico, Eastern Europe and Central Asia, North Africa and the Middle East, Pacific Islands, and South America. Prior to beginning their missions, volunteers undergo a multi-step training process in order to be sworn in as official volunteers.

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Both professors agree the Peace Corps provides the opportunity to not only learn about the world and cultures, but to learn about yourself. Technical Training underscores skills students already possess. Students are taught to emphasize and transfer their skills to the communities they will serve in. In addition to the assigned sector of work, volunteers must create projects to advance productivity within their community. Technical Training teaches volunteers how to create activities and projects and report their progress.

Language Training teaches students the native language of the community they serve in. Communication skills allow the volunteer to better integrate themselves into their community and interact with local people.

Cultural Training urges volunteers to reflect upon the culture they come from and how it will be different where they serve. This includes topics such as hierarchy, relationships, redundancy, and time. Volunteers are taught to explore why certain components of these topics are different in various cultures and how to adapt to the differences.

Health Training teaches students how to prevent and treat illnesses while serving. Living conditions vary per culture, so illnesses and treatment systems may present themselves differently than students are accustomed to. Students are also taught how to respond to emergencies while serving.

The final tenant of pre-service training is Safety and Security Training, which informs students of the support Peace Corps provides in case a volunteer encounters safety risks or discrimination while abroad.

Westminster College hosted its annual "Let's Do Lunch" event with Peace Corps representatives this past February 27. Students were able to sign up through the Career Center to attend the event and learn more about the opportunities available through joining the Peace Corps.

This event attracts the most students historically because the interests of students are reflected in the needs of the Peace Corps, which range from education to health care and everything in between. Assistant Director of the Career Center Jennifer Hough said: "Joining the Peace Corps is for students looking intrinsically to make a difference. Lots of students at WC are already very engaged in outreach. Students come out of the college knowing how to do community service and be a part of the community around them. [Peace Corps] is a natural extension of what they already do."

Two WC professors served in the Peace Corps after graduating from college.

English professor Dr. Andrew Ade served in Zaire 1981-1983 teaching English as a foreign language. "There was no war at the time; the draft was over. I thought, 'what am I going to do over the years when most men end up in war?' National service as a representative of peacebuilding and development seemed like the right alternative," Ade said.

The experience greatly influenced Ade's career path. He used his years in Zaire to decide whether he enjoyed teaching, then went to school to receive his PhD upon graduating from college.

Biology professor Dr. John Robertson served in Kenya as a fish culture extension agent. Robertson promoted the construction of fish ponds as food and cash crops, which was meant to address nutrition and economic issues within the country.

Robertson's service in Kenya also influenced his career. After returning to the United States, he obtained a Master's Degree in Aquaculture and a PhD in fish biology, topics with direct relations to the work he did as a volunteer.

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Although it’s arguable one of the biggest buzzwords in American political discourse, I maintain that the alt-right is using a “shifty” trick to even begin to describe what it is. The idea that there’s a story of Pol Pot and Richard Spencer being punched in the face to come in hand, but I couldn’t actually find an article that fit any of the top 100 ideas. To investigate this, I tried to name as many as I could, starting with the Executive Director of the National Policy Institute, which described a “situational component of the international Alt-Right” that a half-decade ago was to be identified from Free McAleen’s response and what I’ve previously read about NPI policy initiatives, it was incredibly interesting to hear how the organization tries to represent itself.

AC: The NPI seems to identify itself as a right-wing entity supported by a number of white supremacists. Although there is an obvious racial component to the NPI’s policy initiatives, does the Institute regard people of European descent as inherently inferior?

AC: That might be the case, but…

AC: That might be the case, but…

AC: Obviously, NPI members believe that whites are categorically superior to other races.

AC: Are NPI members of the Institute’s position that we can be held up as a burden we have to accept to have a chance at freedom and equality, and that leads them to build societies in their own way. Therefore, we have received is a necessary step in our larger agenda.

AC: Do you believe digital media are facilitating polarization or are you just another group of liberal media outlets? How do you believe the media is contributing to the current political climate?

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We live in a world where political correctness and other forms of social justice are not only present but often the norm. This is not to say that these values are not important or necessary, but it is to say that they can be overplayed and become counterproductive. For example, in the past decade, we have seen a rise in political correctness, with many people becoming concerned about the use of language that might be considered offensive or discriminatory. This has led to a number of controversies, such as the debate over the use of the word “sir” or the use of certain phrases that might be considered offensive to some individuals.

The problem with this approach is that it can lead to a form of censorship, where people feel that they cannot express their true thoughts and opinions. This can be especially problematic in areas like politics, where intellectual honesty is essential if we are to have meaningful debates and make informed decisions.

Similarly, we have seen a rise in the use of political correctness in the workplace, with many companies and organizations now formalizing policies that prohibit the use of certain language or behaviors. While this may seem like a good thing, it can also lead to a form of conformity, where people feel that they cannot express their true thoughts and opinions. This can be especially problematic in areas like politics, where intellectual honesty is essential if we are to have meaningful debates and make informed decisions.

The solution to these problems is not to abandon political correctness altogether, but rather to find a balance that allows us to be both respectful and honest. This means being mindful of the language we use, and being willing to listen to the perspectives of others. It also means being willing to challenge our own assumptions and biases, and to be open to new ideas and perspectives.

In conclusion, political correctness is a valuable tool in a world where social justice is becoming increasingly important. However, we must be careful not to overuse it and to ensure that we do not become overly cautious in our language and behavior. By finding a balance between respect and honesty, we can create a more open and inclusive society that is both fair and just.
Friday, March 2:
All day: Berlin Village Lease Signing - at Student Affairs Office
All day: PRSSA and the Career Center offered a Professional Relations Job Fair in the Science Center set up an Internship and Job Fair for all students, no matter their major, were encouraged to come to the event. PRSSA, on the other hand, featured Guest Speaker Tim O’Brien on Thursday evening. His book, titled “Job Hunting Myths and Facts,” he talked about what good resume looks like and how to make your resume stand out. He also gave tips for interviews, among other topics.

On Tuesday, the Career Center held a workshop that focused on e-portfolios. E-portfolios showcase an applicant’s best skills and hope to continue working with it. Peter, who didn’t know what to expect initially got involved, has remarked on how pleased he was that he did take part. "I am thrilled with the experience that Breaking Boundaries has given me," he said. "It was an honor to be able to learn alongside these students and watch as they communicate and expand their knowledge about culture has been great.”

The Public Relations Student Society of America (PRSSA) coordinated with the Career Center last week to bring several events to campus to help students with their future careers. The activities for the week were first planned out by the students who took the PR 301: Professional Studies class that was offered in the 2017 Fall semester. However, the students involved in the events asked the students if they wanted the honest speech or the motivational speech, and everyone opted for honest. He focused on the idea that no matter what happened in the future, "My past is your future."
As the highly anticipated new Marvel film, Black Panther, opens on Feb. 16, Black Panther is a superhero from the fictional Wakanda, the technologically advanced African nation of Nubia. We can see its debut in theaters in February of 2018. In July 2008, appearing in “Fantastic Four: Rise of the Silver Surfer,” he first appeared in Marvel’s first black superhero. The Black Panther movie features a cast that is almost entirely African-American, and a black director. It has also been praised for its positive representation of African culture.

Unfortunately, since the release of the movie, some people have been posting social media videos that other Black people were attacked by black people at movie theaters during screenings of Black Panther. In these posts usually include images from unrelated incidents, such as a video of a man beating a woman in a room. The Asian- American woman who posted it, seeing that “we need to show support for our people,” shared the video to her Facebook page.

Some people see the posts as an opportunity to reduce the belief that black people are violent. This movement has been regarded by some as a positive trend, but others are concerned that these posts may create negative stereotypes.

At the same time, some people are concerned that the campaign may not have an effect on the historic behavior of some moviegoers. Some speculate the posts may be a response to the rise in hate crimes, as well as a black director. It has also been suggested that the theater had been giving out pamphlets about “the bears are not for you old man” and “we need to support our people,” which can quickly be discovered by the theater.

The New York Post, Twitter responded by saying that the fake posts were quickly called out. According to Fortune.com, last week Twitter removed over 100,000 tweets that were posted by black people during the release of Black Panther. Twitter also said that it had removed over 500,000 tweets that were posted by black people during the release of the movie.

The Silk Road sells handmade products from nearly 60 countries of the world, as well as a black director. It has also been suggested that the theater had been giving out pamphlets about “the bears are not for you old man” and “we need to support our people,” which can quickly be discovered by the theater.

Caffeine is addiction, a dog that can bekeys in many forms too, sweet and crisp, the drink of choice. When the coffee is created, the door to the world of coffee is opened, the options are endless. Whether you're drinking for the stimulating effects or for the taste, additives in coffee can enhance sensory perceptions.

In a small cup of coffee, there are many benefits. From increased alertness to improved mood, coffee can provide a variety of health benefits. It is a natural stimulant, able to wake you up and give you energy. Coffee also contains antioxidants, which can help protect your body from damage.

Of course, coffee also comes with some drawbacks. It can be addictive, and excessive consumption can lead to negative effects. However, the health benefits of coffee far outweigh the risks. It is a natural stimulant, able to wake you up and give you energy. Coffee also contains antioxidants, which can help protect your body from damage.

Coffee is a beverage that is enjoyed by millions of people around the world. From the simple cup of black coffee to the fancy latte, there are many ways to enjoy coffee. It is a natural stimulant, able to wake you up and give you energy. Coffee also contains antioxidants, which can help protect your body from damage.

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Olde English

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1 Stylish
5 Bridge wipeout
9 Swifty
14 Italian resort
15 Egyptian cotton
16 Pass along
17 Hot spot
18 Cupid
19 Vernon’s partner
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27 It turns brown to red

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50 Kremlin First Lady
60 Clever move
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67 Impertinence

By Charles Premo
Quantum Physicist Photographs Single Strontium Atom

George Huncik

In a bid to see a priceless scientific photo captured by the University of Oxford and Physical Sciences Research Council, a student named David Nadlinger decided that he would try to take a photo of a single atom without any significant magnification or powerful microscopes. On August 17, 2017, he captured the image of a, which he simply called Single atom in an ion trap. Nadlinger is a PhD candidate at the University of Oxford who studies quantum physics. They are used to construct extremely accurate clocks or to search, as building blocks for future quantum computers. He used this prior experience in capturing the picture.

He explained that the motivation was to take a photo of atoms in electric fields is the study of many different disciplines. The image was captured with only a regular camera and flash units with color gels. The extension tubes of camera equipment used for taking pictures of close-up objects. Normally, because atoms are so small, a single atom or even several hundred or thousand atoms would be almost impossible. It is based on the smallest objects that can be observed with even today's largest supercomputers. The image was captured with only a regular camera and flash units with color gels. The extension tubes of camera equipment used for taking pictures of close-up objects. Normally, because atoms are so small, a single atom or even several hundred or thousand atoms would be almost impossible. It is based on the smallest objects that can be observed with even today's largest supercomputers. The image was captured with only a regular camera and flash units with color gels. 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On February 14, 19-year-old Nikolas Cruz entered Marjory Stoneman Douglas High School in Parkland, Florida, and killed 17 people. The tragic event has sparked a movement and a call for changes in the gun laws and mental health policies in the United States.

Since the shooting, the voice of Parkland, Florida is being heard across the country as students, parents, and community members speak out against the gun violence that has plagued our nation. The Voices of Parkland, Florida is a collection of stories from those who lived through the 14 minutes and 13 seconds that changed their lives forever.

Margarita, a survivor of the shooting, describes the moment she heard the emergency and the panic that ensued. “I couldn’t process the fact that this happened to me, to my friends, to my school. I hope I’m not the only one saying this. Everyone was in shock that day.”

Candice, whose daughter was one of the victims, shares her heartbreak and determination to make the world a safer place. “I’m a whitelist of students. But these students who were my classmates in school. It’s my way to show my strength of my friends and classmates at Marjory Stoneman Douglas.”

The shooting at Marjory Stoneman Douglas High School in Parkland, Florida, on February 14, 2018, left 17 people dead and sparked a movement for change. The Voices of Parkland, Florida is a collection of stories from those who lived through the 14 minutes and 13 seconds that changed their lives forever.

The Voice of Parkland, Florida

Allysa Hampton

The negotiators of the North American Free Trade Agreement (NAFTA) have returned to the table for Mexico’s Trump Administration to withdraw from the agreement remains in doubt, however, as negotiators work towards completing a new agreement.

As a result of a greater reliance on bilateral trade, the new agreement is expected to be more balanced in favor of the U.S. and Canada. The negotiators are expected to make progress in promoting the flu vaccine in Mexico and improving the education system in the U.S.

Meanwhile, the U.S. and Mexico have reached a tentative agreement on the North American Free Trade Agreement (NAFTA), according to the Mexican government.

However, the agreement has yet to be formally signed by the U.S. government, and it remains uncertain whether it will be ratified by Congress. The deal has also faced opposition from some of the most prominent politicians in the U.S., including Senator Bernie Sanders and Representative Alexandria Ocasio-Cortez.

If such negotiations do not move in favor of the proposals of the Trump Administration, the outcomes of the talks will be decided by the upcoming U.S. presidential election. The Trump Administration has expressed its intention to withdraw from NAFTA if an agreement cannot be reached.

The unsettled situation has placed the future of the North American Free Trade Agreement in question. It remains to be seen whether the parties can find a mutually acceptable solution to the current impasse.

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The Pittsburgh area experienced some of its worst flooding in 13 years over the weekend of Feb. 16-18 as some parts of the region received 3 inches of rain within a 24-hour stretch. The flood waters affected roads, homes and businesses as residents scrambled to safety and worked to minimize damages.

As rain poured down over the city and its surrounding areas throughout the day Friday, a flood warning was issued, and officials prepared to close roads as necessary. According to CBS Pittsburgh, authorities closed the section of the Parkway East community referred to as the "bathtub" that Puerto Rico struggled shortly before rush hour.

The 6th Street Bypass was also underwater and shut down on Friday, officials reported.

Weather crews periodically measured the heights of Pittsburgh rivers throughout the weekend.

At Point State Park, the Ohio River crested at 27.7 feet around 9 p.m. Saturday, according to the National Weather Service. After this measure, it was determined that the 10th Street Bypass and the "bathtub" area of 41-70 would remain closed throughout the day.

The no-longer-operating State Correctional Institution on the North Side was also impacted by the flooding, according to the Pittsburgh Post-Gazette. People eager to see the flooding flooded to Point State Park throughout the weekend.

Rick Daniels of Greensburg made the trip up with his girlfriend Saturday morning, according to the Pittsburgh Post-Gazette. As Daniels looked at the Submerged Point State Park fountain around lunchtime, he commented that he did not expect it to be that high and that he had never seen it so bad.

According to the National Weather Service, the flooding in Pittsburgh affected rivers throughout the region, as flood advisories were issued for the Elizabeth and Braddock Rivers and for the Ohio River all the way into West Virginia.

Additional roadsides were affected by the high level of rainfall; the city of Pittsburgh closed a section of McKee's Runway between Liberty Bridge and Grandview Avenue on Saturday morning due to a landslide, the Pittsburgh Post-Gazette reported.

The flood warning persisted throughout Pittsburgh and its surrounding areas overnight Saturday and into Sunday as Saturday night's storm began to recede.

Several streets in West Elizabeth were filled with water Saturday morning as the Mon River rose over its banks, and at least 32 homes there had flooded basements. According to CBS Pittsburgh, West Elizabeth, Brighton and surrounds residents were pumping water from their basements. However, progress came slowly as water flowed back in just as quickly as it was being pumped out.

In addition to the flooding, mud and debris from a "bathtub" flooded a section of Bunsen River Road along the Monongahela River.

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A Game for the Ages
Brett Bartholomew

The road to the PyeongChang games has been tough for the United States' women's hockey team. They have had their ups and downs in international competition, the most recent instance was back in 2014 at the Sochi Winter Games. In Sochi, the women's team advanced themselves all the way to a gold medal, only to lose in the shoot-out to the Canadian squad. Unfortunately for the United States the game went 5-4 in a 3-2 overtime, but that did not deter them from the moment they left the rink during the 2014 Olympics. They were inspired by their '98 team who went into the Olympics as a 3-1 underdog and ultimately were able to carry its one-goal lead into the third period. Within two goals in the first 10 minutes of the second period and was able to overcome anything, their easier face-offs of the PyeongChang Olympics. The women's team played their talent and worth by taking home the gold against Canada in a 3-2 shootout win.

Training every hour of past Olympic losses, the women's hockey team competed in arguably the most riveting and thrilling event in USA history. After the win, team captain Meghan Duggan reported, "I can't think about anything except pride, excitement, and honor for our team. A lot of us have wanted this since we won the 1998 team won 20 years ago. To have this experience together to represent our country is the greatest honor in the world. It's one of the greatest days of all our lives." The shot that put the USA on the board was when Hilary Knight initiated the 1-0 lead in the first 20 minutes. Knight said afterward, "I wouldn't take one moment of this tournament is incredible."

Following the 2-1 third period, with Canada in the lead, USA Monique Lamoureux-Morando tied the score 2-2, leading to a 20-minute overtime. Lamoureux-Davidson scored the shot that gave the Americans their 3-2 lead, and the play that enabled the USA win was Amanda Rooney stopping a shot from the Canadian, Meghan Agosta. This win put the USA four points ahead, and after the win, Rooney spoke of her teammates, saying, "To have their support made it a whole lot easier."

After almost 15 months of this contract dispute, USA Hockey finally ended the women's equal pay pay were to be granted, the players could strictly focus on the game rather than trying to earn enough to survive. After 15 months of this contract dispute, USA Women's Hockey reported a promise to the "same travel and accommodation and hospitality as the men's team, better marketing efforts." Following this financial victory, the women's team proved their talent and worth by taking home the gold against Canada in a 3-2 shootout win.

One Woman on the team received so little that most of the team had to pick up extreme pay cuts. After 15 months of this contract dispute, USA Hockey finally ended the women's equal pay. The women were promised $78,000 each a year, a huge increase from the reported $8,000 they previously earned every four years. As the Olympic Games came and went. According to PRI, they reported $6,000 they'd previously earned every four years on the ice, capping off their dramatic season with celebration in PyeongChang, South Korea.

The South Korean Olympics were a battle of monumental gold medal was the first one since the 1998 Nagano Games. The South Korean women's hockey team has proven their worth with a gold medal, and through strength, talent, and perseverance, they brought home gold for the USA. Kendall Coyne said, "It gave me the drive. It's unexplainable. A lot of us are in honors because of the 98 team. We weren't inspired by them. We're inspired by [the team] that got gold in PyeongChang in the United States and all over the world. This was a tremendous win, and the future generations are really going to see from us as well."

This win is going to inspire future players on the USA team to continue to fight for success, even if it makes decades out of reach. The 2018 women's hockey team has proven that there is no challenge that just can't be overcome. Whether it be for battle for equal play or athletic competition, the USA women's hockey team has proven that they can overcome anything the reason.

Copy Ed by: Abigale Lomonaco

End of story

**END OF STORY**
Imagine heading to the most stressful competition of your life, one that only comes around every four years. Imagining knowing that you are expected to win gold and that your country will be watching you every move with eager anticipation. Not only are these expectations placed on you, but it seems as though you can’t hide from them. You can’t watch TV for ten minutes without your commercial airing or walk past a magazine stand without your face staring back at you from the cover. You’ve become a household name overnight and an inspiration by young athletes everywhere. The pressure to perform is realising, and it only intensifies as the competition draws closer.

Perhaps Nathan Chen felt this way before his short program skate at the 2018 Winter Olympics in PyeongChang. To say that he crashed under pressure would be an understatement, and many fans turned off the competition. The pressure to perform is crushing, and it only intensifies as the competition draws closer. Whatever the cause of the failed jumps in his first program, the pressure to perform was definitely his downfall in his second Olympic performance. Chen explains that he felt the pressure a lot before the short program, especially thinking about medal and placement and all that—things that are completely out of his control. And that just tightened me up, made me really cautious out on the ice, and that’s just not the right way to approach athletics, especially thinking about medals and placing and all that—things that are completely out of your control. When I stepped back from the situation and realized my performance in the sport doesn’t reflect who I am as a person. When I stepped back from the situation and realized that my performance in the sport doesn’t reflect who I am as a person. When I stepped back from the situation and realized my performance in the sport doesn’t reflect who I am as a person.

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May cites learning new dives, obtaining points to help the team score and executing technically clean dives as sources of pressure. Chen explains that after finding out about “being standing from seventeenth to fifth. In the aforementioned medal race, he was able to relax. This led to the best long skate of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career, and one of the most incredible performances of his career.
WEEKLY VIBES

COURTESY OF MERLE WOODRING
FIND YOUR WEEKLY HORIZOPE BELOW
DON'T BE SURPRISED WHEN IT'S TRUE. WE'RE THAT GOOD!

Virgo
You may have been feeling left in the dark this past week. If it does not get better, you could always try expressing how you feel. You should be prepared for every answer possible though. Sometimes it is best to know. It will all be okay.

Scorpio
You have been on the down low lately. There is nothing wrong with springing out of your comfort zone every once in a while. It is good to grow and socialize with others. Try taking a step out and learn something new, delve into a conversation, or just share a laugh with a stranger.

Sagittarius
This weekend would be a good time to reconnect with family. School is busy and it is hard to manage time for everyone, but family is important. Even if it is a text to mom or dad, it's a nice gesture. This goes for all those friends you've put on the backburner too.

Aquarius
You may be due for a refund or relaxation time. This week may bring about some chill vibes, and you should embrace them. Don't lose sight of your goals however. Taking a break is healthy, but not all the time or excessively.

Pisces
This week is throwing some big decisions your way. Don't get overwhelmed or caught up in the moment. Remember that only you know what's best for yourself, and in the end you have to live with the choices you make.

Libra
Don't let your emotions get the best of you this week. It's okay to trust your gut, but don't make assumptions on things you aren't entirely sure of. Be sure to be well informed on a subject before you dive into an argument. It will be better for everyone involved.

Leo
Let go of anything you are grudging about. You do not have to forget, but try to forgive. You will feel better, and maybe you can rekindle a friendship or be able to move on in life. It isn't healthy to hold on to negative feelings.

Cancer
Creativity this week will be at an all time high. Make sure to take full advantage. Go to town on those projects you've been procrastinating, or maybe make a gift for a friend. You can apply this built up energy to whatever you want, just don't let it fade away.

Gemini
Embrace change! You are one to voice your opinion, and you appreciate the limelight or being the center of attention. This week you will be put in a position where you may have to share that limelight.

Taurus
There are things that happen backstage, and you may find yourself in a position to help out. Be proud of where you have come from and use your life experiences to help out others. You are sure to make a difference.

Capricorn
It is great to express your opinions, but be mindful. Pay attention to your thoughts, words, and actions this week. You may be influencing people you would have never thought. Be a positive role model.

Aries
When there are plans there are sure to be things that conflict. You have to balance what can be accomplished and the things you want accomplished.

SUDOKU PUZZLE
Answers are located on page B4