Dive Into Diversity
A Look at Westminster's Diversity Clubs

Galiana Clark

At the end of last semester, SGA’s Diversity Committee held a celebration for the Diversity organizations. Many may wonder what the event in the form of a buffet of pierogies and fried ravioli, but that wasn’t all that was given away. Anyone in attendance also received a free lanyard, pin and bracelet donning the slogan that Jordan Sherman created during his two-year term as Diversity Chair, “Don’t Categorize, Individualize.” The real gift, though, was given to each of the Diversity groups. Black Student Union, Allies and Disability Awareness Club were all given $500 to put towards club expenses due to their dedication to Westminster College in making it a better place. Unfortunately, DAC was unable to attend the event, but both Allies and BSU were humbled and surprised.

Jordan Sherman, a Music Education major and Diversity Chair for Slate Carpenter (previously to Slate Hughes), reflects on his experience and the experience of great leadership. When asked about his experience he responded saying, “Something I enjoyed about working with these different organizations is the variety of ideas everyone has to bring to the table. Allies, Black Student Union, Disability Awareness Club and the Office of Diversity and Inclusion provide Westminster students with the opportunity to learn valuable information about diversity and inclusion. My part in SGA as the Diversity Chair for the last two terms has not only allowed me to teach others about issues and topics that interest me, but I have had the opportunity to learn from my peers as well.” Sherman then continued on to talk about a program he created from the ground up with the help of Gina Vance, Thomas Fields and Anna Brook. The Civil Dialogues. He shared that the goal of “The Civil Dialogues (is to) give students a place to talk about topics often described as difficult to discuss in public settings...an environment that gives students the freedom to educate one another and ask those difficult questions that are often pushed under the rug.” He fondly looks back on his two terms as Diversity Chair and looks forward to seeing and hearing about the advances in Westminster’s diversity and inclusion with the coming installation of the new Diversity Chair.

Each group already has plans underway to make this semester the best in terms of Diversity events. BSU is hosting their first event this year, the Ebony Bull, in the Willowsroom later this evening beginning at 8 pm and ending at 11 pm. The bull is a free event with a live band and appetizers. The bull is in celebration of black history month and should be a night to remember, with a live band and appetizers. Celine Hildack, BSU’s secretary, a sophomore chemistry major and the possible new Diversity Chair for Slate Conn spoke to me about the importance of diversity on campus. A Look at Westminster’s Diversity Clubs.

Diversity is more than just the color of your skin. Diversity is how people vary in every aspect of life.” Hildack encourages everyone to keep an eye out for BSU’s plans to begin fundraising efforts for the Puerto Rico hurricane victims. They also plan to have a giving away event at the end of the semester to wish everyone a great summer. If you have any idea for events that BSU could host or ways to help them with their fundraising efforts, please contact Celine, Hildack by email at hildcr22@wclive.westminster.edu.

Allies president, Emily Denovan, a junior English major, and the other possible Diversity Chair with Slate Carpenter, filled me in on a ton of plans they have for this semester including bringing multiple guests speakers to campus. Ted Hoover of the Persad Center in Pittsburgh to speak about LGBT terminology, a guest speaker from the American Civil Liberties Union (the topic and speaker TBD) and Glov Pionati, our school counselor. They’re hoping they’ll speak about her work with gay and lesbian youth in Morocco. Allies is also considering starting a clothing drive for transgender youth, hosting discussions to talk about the struggles of being LGBT when partaking in Greek Life, being LGBT in Africa and an American and painting the rock. Currently, Allies is using one of the award money to purchase pride flag and pronoun buttons to distribute to students for free in the coming weeks. If elected with Slate Cauer, Donovan “would really like to organize a follow up to Dear Westminster” which the diversity clubs’ plans are underway. The main goal of DAC this semester, according to president and first year student Emily Gellatly, is to get more people involved. Gellatly plans to “raise money for organizations that advance disability rights issues, and have more panel discussions focused on autism and mental health disorders.” DAC really wants to reintroduce disabilities as a facet of diversity, instead of a negative thing, something to be celebrated. They plan on doing this through a competition open to all Westminster students in which participants will be faced with obstacle courses that must be completed with a wheelchair to highlight accessibility issues that people face during their everyday lives. Gellatly continued, saying “We want to break the stereotype that disability awareness is just about physical disability. We want to bring to light the issues that blind people, deaf people, people with autism and mental health disorders face daily. Everyone knows someone who is affected by issues regarding accessibility and inclusion.”

Keep your eyes peeled for the events these groups are putting on this semester. If you have questions, attend a meeting! All of these students are more than willing to answer questions you may have about their club and would love to see your face in attendance at their events.

Quote of the Week:
“Success is no accident. It is hardwork, perseverance, learning, studying, sacrifice, and most of all, love of what you are doing or learning to do.” —Walt Disney
A Healthy Dose of Self-Love

Emma Lawson

It breaks my heart when I see the people I love sometimes believe they are beautiful and wonderful beings, begin to pursue the opinions of others. I have seen far too many people who believed themselves to be the breaking point for the sake of fitting into others’ eyes and not for all that newcomers to the scene up and immediately end up with the person they believe. We live in a world where 12 year olds are pointing at their faces, young boys are afraid to say how they feel for fear of not being seen as man enough, and everyone is worried about what kind of image they are portraying to the rest of the world. Instagram likes have become synonymous with praise and love, and a negative comment on your profile from a random stranger can make you far more than you have ever had before. You are not going to stand up on a postcard and tell all to stop caring about what other people think. First of all, I would be extremely hypocritical if I did. I care just as much as anyone else about what other people think. I can spend upwards of an hour putting my best face forward and worrying myself sick about what to wear, and yet I lose it when my pictures on Instagram get attention. Second, it is not necessary to do what the opinions of others and pretend they don’t exist or matter. The most confident people in the world still hear other people’s opinions and don’t ignore them. They instead take in their advice and transform it, in the end, into something positive for themselves. Learn to love yourself. When it comes down to it, there will always be someone else who thinks you aren’t good enough. When that happens, know that the only person you can turn to is yourself, and let it get you. You can break down as a result of the negativity that others send you and hate yourself because one person doesn’t like you or thinks you would be better off different. OR you can take that negativity and understand that it comes from a source of ignorance and insecurity. I have seen too many people on this campus alone who are struggling with accepting that they are enough, and that they are beautiful and wonderful people, begin to pursue the opinions of others. I have seen far too many people out there who think they aren’t powerful, or that they need to change, or even one thing about themselves in order to be worthy. While I know you’re just the first person to tell you to love yourself, to shut out the negativity, and to be confident in who you are, that’s not going to stop me from saying anything. You are nowhere alone on this campus and I’m sure that you are enough, exactly who and how you were meant to be. Don’t ever let anyone tell you that you are not beautiful or wonderful, that you don’t exist or matter. If you are, and if you are confident in who you are and you yourself, nobody else’s views can make you anything other than you. Self-love results in self-confidence that can be worn like armor against the negativity we live in today. No armor is perfect, and occasionally—no matter how much you love yourself and how confident you may be in who you are as a person—negativity will slip in and hurt you. That’s ok though. You don’t have to pretend to never be upset by other people’s hurtful opinions and hateful comments. It takes a lot to be reminds of the harsh world we live in. However, you have the ability to take those wounds and allow them to heal under the protection of your self-love. You just have to be willing to look at yourself in the mirror and remind yourself that you are what you are. You are precious and unique. There is not a single other person who does not exist, or you, or your self who exist in exactly the same way. It is only a matter of time until you find someone out there telling everyone that they are unique and beautiful who is not stuck in the same roadblocks that you have been. Take the time to not let anyone else’s hurtful opinions of you make you feel less than you are. It is a productive pursuit. Rest and drink and watch a mediocre hockey team, after all, is the Caps lose is a productive pursuit. Rest and drink and watch a mediocre hockey team, after all, is productive. Play is a productive pursuit. The college leadership team has put a great deal of careful thought into these decisions, and appreciates the students’ support in this time of transition. In the February 2nd Edition the following corrections to our “Campus Housing” piece:
Professionalism

Zoey Puffnick

What do you think of when you imagine a professional? Do you immediately picture a doctor, lawyer, musician—someone who has spent countless hours of schooling preparing for their career? Maybe someone dressed in fancy clothes, or with a gold name badge. Chances are, you’re coming to college to seek a degree to help get you to a certain field. The goal is to be as close as possible to a professional by the time you leave Westminster. In this article, I talk about not only how much you will be learning as a college student but also how much you present yourself with all the qualities and skills that you take to your future career.

Merriam Webster defines professionalism as “the conduct, aims, or skills that characterize or mark a profession or professional person.” Being a professional is about so much more than the certificates you’ve earned, the degrees you’ve gotten, the fancy clothes you wear, and the lacey ‘sweatshirts and jeans’ look. Professionalism is much more than how you present yourself with all the qualities and skills that you take to your future career.

Professional presentation is something that comes with practice. It is important to look presentable and seem as much as anyone, but the more you get into the habit of wearing what is appropriate to wear and acting how you will need to act when you leave college, it will become just that. It is something that professionals live by. This is one of the reasons I’m writing this article to the freshmen. In the Chronicle, the 10 most valuable characteristics of a professional are all about how you present yourself. These qualities are:

- Accountability: If you make a mistake, own up to it. If you’re not a professional then probably you haven’t, but I guarantee that there is a ton of cool stuff that you know wasn’t what you intended. In order to learn more about this area of the campus myself, I sat down with the wire-to-web director for the biological major at Westminster, to get the full scoop. Madison is a current student worker at the Field Station for two years, and after talking to her, I can say that she has put her blood, sweat and tears into her work there. She is a junior, Dr. Kristen Krantz, Dr. Harris, Ken Filicky (a community volunteer), environmental science classes, and the Arboretum to help keep the Field Station and its surrounding areas up to top shape. Her favorite part about working at the Field Station is the current Conservation Project. With this project, they are creating a bunch containing all of the different wildflowers you can find there, explaining what they look like and where to find them and adding pictures. Part of what the garden currently contains artificial nest houses for native bees because many of their homes have been destroyed by highways and other man-made things. Also, they are creating buildings that look like the windmills and barns used to give it a more park-like atmosphere. Madison is producing a bunch of brochures to inform people about exactly what is growing in this amazing, that is a real eye-opener for the students and others who wander by. The plants now grow in the middle of the campus, and then people stop to admire the plants and wonder about the different species of bees and butterflies that feed off them. She knows that there is a ton of cool stuff that you never knew what you were missing. Westminster Greeks.

The latter half of the day includes a committee with a brown thyme, alongside the newly bigger brothers, including two major not-so-nervous and impromptu Sammy pitches from the in this first chance that the new pickpocket’s are not able to. Any other student that can celebrate and get to know each other.

- Attire: How you dress says a lot about you. You should look neat and tidy, and follow dress codes if there are any.

- Demeanor: Remember to act confident and not important. It is always better to be polite and speak like you know what you want to say.

- Reliability: This is something that starts from the moment you walk in the door in all situations and is easy to communicate with those professionals.

- Competency: Although not all professions have a standard code of ethics like doctors and lawyers do, it is important to always be a professional and act like one.

- Phone: Although it is good to have the “eye for an eye” mindset, you cannot act this way as a professional. Being the bigger person and moving past difficult situations is better.

Phone etiquette: All professionals will have a phone that you can make calls to. Teachers, doctors, accountants, attorneys...all need proper phone etiquette to make calls. Know what you are going to say before you make the call.

Writing correspondence: The same etiquette also applies to email. Proofread your emails and letters.

- Organization is also one of the most important signs of a professional, and something that can really make sure that you are a college student. We are learning how to work and what doesn’t work for us in terms of calendars, planners, and office supplies. Carry that over into the professional world. You should always make a task list or to-do list and move on. Everything about these skills is important.

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Weekend West Chester University students are teaming up with LeBron James. Rather, WC students are teaming up with the people who work for LeBron James’ basketball team. Students enrolled in the Spring 2018 semester’s Sports Event Planning and Management course have recently gained the opportunity to partner with the Cleveland Cavaliers. Students are using the skills they learn in class in an out-of-class experience. Specifically, they use the steps for marketing products to sell tickets to an upcoming Cavaliers game.

The Cavaliers will play against the Washington Wizards on Tuesday, April 3. Students enrolled in the class will sell tickets to the game until February 27. Methods the students are undertaking to do so are quite diverse. Dr. Bob Zullo, professor of Sports Event Planning and Management, said, “Students brainstorm how to sell the tickets. They talk to groups they’re involved with on campus including clubs, sports teams and Greek life.” Zullo said students have also taken measures such as TUR sitting and hanging posters around campus. The Alumni Association even contacted alumni within a forty-five mile radius to advertise the event.

Students are required to perform individual research to determine methods that will process the most ticket sales. Zullo described the classroom portion of this project as a “training camp” prior to the students’ execution of ideas. In addition to textbook definitions and information, Zullo emphasizes connectivity between his students and their customers. “In society we put in our curricula and look at down on our faces, but making personal connections is vital,” Zullo said. To this, the students means identifying potential customers and building a dialogue without knowing their customer prior to the sale. Students are also taught to utilize “touch-points” when making sales. This entails meeting with customers during the game to clarify customer satisfaction. Afterward, students will email their customers to retain the relationship they created.

Jean-Luc Haven is one of the students working with the partnership. Prior to enrolling in Sports Event Planning and Management, he took The American Workplace and Marketing Management courses to build a foundation for this understanding. Haven said, “Because of these courses, I’m comfortable speaking in front of people and getting product out there.”

Students utilize information they learn during real-life instances of the partnership in addition to what they study in their immediate classroom. This manner allows information learned to be put into direct use rather than memorized only for testing purposes.

Haven said, “This is a great project because we are getting used to the business world.” Students are taught to market products, assess the needs of customers, and maintain relationships with customers. “We make long-term relationships rather than short-term sales,” Haven said.

Sports Management was established as a major at WC four years ago. The major currently has 38 students enrolled and is growing each year. The first five graduates of the major will receive their diplomas in May 2018. Sports Management emphasizes career readiness and professional development both on and off of campus. This allows students to gain a competitive edge in achieving their career goals. “The students’ partnership with the Cavaliers is especially important in upholding these values.

Past students have undergone a similar experience in which WC partnered with the Pittsburgh Pirates. Comparisons between the two projects allow current students to further analyze and advance concepts they learn. The teams differ in location (indoors versus outdoors), winning statistics and number of home games. The Cavaliers have fewer home games than the Pirates did, which allows students to explore selling points between the two.

WC strives to engage students in more than traditional classroom experiences. Sports Management’s partnership with the Cavaliers not only further expands the network of the students, but Zullo said it allows the real-world time to permeate students’ lives. “It brings them out of the classroom, out of the campus, out of their normal dialect.”

It’s a tough time of the year again! The walls of the Fish are plastered with posters proclaiming catchy slogans with smiling faces, each trying to convince students to support West Chester University’s future. There are two dates of potential leaders for our campus for the next year each led by past WC student Matthew Caren and Sarah Conn. I reached out to the leaders of each date to get the inside scoop on their reason for West Chester University.

Inspired by his father’s life in public service, Matt Caren has had a passion for helping people since he was five-years old. Caren aims to make Student Government Association more proactive and transparent to the student body. When asked about his motivation for running for SGA president, he stated, “I am running for one reason and one reason only: that is to make changes at Westminster. I think it’s time for massive-scale reform, not details.”

The changes Caren hopes to make if elected include reforming the date-electing process and creating a delegation of student organizations within SGA to ensure that they all get a fair chance to be successful. Caren believes that reforming the date election process so that all members of the student body are eligible to run for positions as committee chairs would ensure that the student body is best represented. He said, “There are a lot of people who campus are very well as vocal in these pos- itions, but because of the flaws in the system, these people don’t get to make the changes they want.”

Caren strongly believes in promoting diversity within SGA because it will ensure the concerns of all students are represented.

Sarah Conn was unsure of her place here at Westminster when she found herself in a “freshman year of gall.” She is passionate about fostering an environment at Westminster in which everyone can feel the sense of belonging. If elected, Conn will aim to give Westminster back to the student organiza- tion of each slate, but she would like to organize a student-organization retreat at the beginning of the year so the student organizations can work together collaboratively with SGA and ensure their success.

We have a chance to choose which leader will help determine the direction of our school for the next year, so it is im- portant that each and every student finds out as much as they can about the candidates. Most importantly, each candidate should be able to explain to you why you believe you will create a better Westminster for all of us!
"Authentic" Beauty

Shania Kennedy

You often hear people say, “Innate is pretty without makeup; you don’t even need to wear it.” At the same time, you also hear people say, “You can’t go out in public without makeup.” Someone who doesn’t wear makeup. I often get people to say, “It’s easy that you continue to wear makeup. You don’t feel like you can’...
CROSSWORD
**Laying Down the Law in the PA House**

Matthew Carus

The Pennsylvania State House of Representatives and Senators are on a colli-

cision course with the Supreme Court after a case taken up by both the Repub-

lican-controlled legislative brands to oust Pennsylvania 18 congressional
cases as required with the new census every 10 years.

"The Court finds as a matter of law that the Congressional Redistricting Act of 2011 clearly, plainly and palpably violates the Constitution of the Commonwealth of Pennsylvania, and, on that role, we hereby strike it as unconstitutional," the Su-

preme Court wrote in the order, according to the Washington Times.

Since the ruling has been handed down, the court has on the House of Rep-

resentatives and the Senate that they have until February 9th to draft a new plan for the districts and pass them through both houses,

so Governor Tom Wolf has until Febru-

ary 15th to confirm the plan to the court. If not, the court will issue its own plan to impose a plan in order to keep the May 15th primary election on time.

The crisis part comes as Attorney

General and Pro-Tempore of the Senate, St. Joe Sestak (R-Bucks) was a letter to the court about the need to comply with another court order regarding the time needed to file suit the Pennsylvania Supreme Court ruling on the dis-

tricts.

The idea of gerrymandering dis-

albeit for a second time in Pennsylvania history. While the Republican Party has been doing this since 2011, the court’s ruling made it the third time.

The court has told the House of Rep-

resentatives to be one party other than a general election is a new fight for lawmakers especially in Pennsylvania. At

Pennsylvania US News, in a New York Times article,

"Pennsylvania is a state where Mr. Obama won by a clear margin but lost a majority of the state’s congressional districts. The state was clearly gerrymandered by Republicans, but the court found them to be a few less districts. But the Republicans probably would have still had an advantage on a national map. But when we ask the court to issue a plan in the House without partisan gerrymar-

dering, it’s not rig to imagine the alter-

native as a world mapmakers are primarily concerned with advancing their par-

ties’ legislative agenda. The court’s predictable criteria that mapmakers consider all tend to help the districts in the general election. Therefore, times locks Democrats into cent;

community interest is to encourage dem-

orographically dominated homogenous districts, the Voting Rights Act can compel the cre-

ation or the dissolution of minority,

nancy to minority districts, and Hispanic pri-

orities, today who are to be represented. Penn

sylvania has a separate commission that draws the districts for the state Senate, however,

more that process has also been criticized for being more likely to squeeze out a few extra

As a result, the student was apprehended.

Police were informed of a threat made by a district

Uniontown Area High School released the

statement. According the Bower, it was because the suspect simply did not like them.

He is currently being held in a juvenile detention center

in prison. It would not be the first time he was

facing court at a later date. If charged with illegally

they release the names of the allegedly targeted students.

The protests are primarily concerned with achieving parity of the number of terms any single per-

sons. Now let’s see what the outcome was.

"Seeing headlines like that from your hometown

and that he could use a sniper rifle from a distance or a

from the Supreme Court on whether any

the union. As the protests were no less passionate. Many were

unions and strong winds to protest the upcom-

which lets them squeeze out a few extra

the elections are illegitimate.

ruption has gone on long enough, and that

as a world mapmakers are primarily concerned with advancing their par-

none of the states who were still

which was zippered up in front of a garbage processing plant in

the elections are illegitimate.

the elections are illegitimate.

One of the students who was targeted Indian man appears at protests in Moscow just a few hundred yards from the Russian

"Knowing March election for President of The Russian

Federation. Parkinson and some areas in the far

and Serbia use temperatures of negative
degree Fahrenheit. The protests are pro-

ized by the New York Times as saying that he

unidentified, Navalny was quoted

Navalny himself appeared at protests in St. Pete,

Russia's largest cities, banned the gathering and arrested thousands at a time. On

which tracks arrests in Russia.

Because student safety is the number one priority in the

rally organizers. Police and other law enforce-

was identified only as Khaliulla, was quoted

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Drug-Detecting Napkin

College Student Develops

Flamethrowers on the Loose

Alyssa Hampton

Danya Sherman, a junior at Georgia Southern University, came up with the idea for the KnoNap when she was changing her major from Psychology to Entrepreneurial Management. This idea came to her after she was drugged and assaulted.

"The summer of 2016, while studying abroad in Spain, my friend and I were both drugged and assaulted. It was the first time I actually became aware of the issue and it became very personal," said Sherman.

After this, she decided to start a company called Women's Entrepreneurial Leadership, which acquired every student to create a business and later enter into the autonomy's New Venture Competition. Sherman was one of the winners.

Sherman hopes to sell at least 25,000, including Greek women who are the drugs that are commonly used around college campuses in August. Students at one of the largest universities in South Carolina, the University of South Carolina, reported about 1 in 13 college students reporting having been drugged or drugged at least once in the past year. If you consider that, you can think that Sherman is not the only one who has had this experience. She's determined to lower the number of sexual assault victims. "What I wanted was something that could help prevent me from ever experiencing something like that again," Sherman said.

Other anecdotes of the Greek community are shared in a townhouse. They celebrate by making huge quiches with bacon and cheese and potato salad with cheesy bread and spice. The brothers sing a song specific to the fraternity. Lastly, the brothers of Sigma Phi went first. This fraternity has a huge tradition saying, "I'm the best one," and they always sing about the fraternity. This simple connotation that the flame thrower is an idea. Definitely don't buy one. Unless you like to have the fire. These fire throwers. Los Angeles Assemblyman, Miguel Santiago, previously implied.

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**Hey everyone! It has been a long time since you have heard my voice in your head while reading this. I hope everyone's winter break went swimmingly and you all stayed warm. I was warm. In Ecuador. Thank you for asking. To start off my last semester at WC I would like to answer a few questions about graduating and what about the next step. Someone of you are in the same boat as me, so maybe my advice will help you a little bit!**

**Question 1: What in the world are you going to do when you leave the nest that is Westminster?**

**Answer:** The short answer? No clue, whatsoever. I have no damn clue what I am doing tomorrow? Why would you ask me that? I still have a few months left! I don't want to think about that now! I want to spend the rest of my time here not thinking about everything that I will have to do when I graduate, like pay bills and student loans. What the hell is a mortgage? I don't know. The long answer? Whatever comes, man. Throughout my life I have realized that no matter how much you can plan for something, anything can happen to change that. If you told me 3 years ago that I would be in New Wilmington PA at a liberal arts college I would have slapped you. I had no idea what was going to happen next. The opportunity was there to grab and obviously I took it. I think having a motto like that going into the next phase of life is what the plan was, I had no idea how I was going to get there. It was not until the opportunity presented itself to go to Westminster that I knew what was going to happen next. The opportunity was there to grab and obviously I took it. I think having a motto like that going into the next phase of life is what the plan was, I had no idea how I was going to get there.

**Question 2: With everything going on in America, why should I join Greek Life?**

**Answer:** This is a tricky subject. With all of the public scrutiny about Greek Life, it is hard to paint a picture where Greek Life isn't viewed upon negatively. Whenever someone asks if I am a part of a Fraternity, and you, Fraternity is capitalized, they always ask if we haze. It is hard to respond to that. It is hard to be compared to a situation like Penn State just by association of being Greek. What happened at Penn State was terrible. What seemingly comes out every day about Greek Life is negative. They always talk about the hazing, the events that gets organizations shut down, or different random things that puts a negative light on things. On the flip side of that, there are never any news stories about Brother/sisterhood and the good they do and the joy they bring. But that is all news today. Negative. They only focus on the negatives. The car accidents, shootings, and “What Trump did today”. You only get one good news story and it is about some dog that adopted a baby squirrel. But that is a whole new thing.

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A Race to Remember

Emily Krinas

Throughout a college athlete's career, a major achievement and goal is to break a school record. This was the case for Katelynn Morrell, who secured her 5th place. Little did she know that at the next meet, she would outdo this by running a record-breaking race.

Morrell attributes her consistent performance and record-breaking performance to her support system: Coach Krueger and the rest of her distance girls. They have been her greatest motivators!

Morrell believes consistency is important to distance running and putting in miles every day. "I try to stay injury free. I want to train as smart as I can rather than as hard as I can," she continued. "Second, I’ve been trying to run as little as possible, stay as fresh and healthy as possible. The training is not going to make you any faster. What will make you faster is not training. What will make you faster is maintaining consistency and putting the miles in every day."

As a result of this dedication and training, Morrell’s streak did not stop at the SPIRE meet. The next meet was at Keynon College on May 11, and Morrell broke the school record, and Katelynn Morrell, senior track and field runner, did just that on the first day of the SPIRE Midwest Open. She broke the 5000-meter school record. In the previous SPIRE meet, Morrell put a personal best with a time of 19:47.77 in the 5000-meter, which secured her 5th place. Little did she know that at the next meet, she would outdo this by running a record-breaking race.

The SPIRE meet was eventful for more than Katelynn Morrell only; the entire team had an exceptional meet. The Titans’ men’s team placed 23rd out of 47 competitors in weight throwing, and her teammate Morgan Widina finished 23rd. Regarding the Westminster men’s team, freshman James Kendall finished 20th in shot put (42 feet, 2 inches (12.85 m.). The Titans’ next meet is at Keynon College on May 11, and Morrell broke the school record, and Katelynn Morrell, senior track and field runner, did just that on the first day of the SPIRE Midwest Open. She broke the 5000-meter school record. In the previous SPIRE meet, Morrell put a personal best with a time of 19:47.77 in the 5000-meter, which secured her 5th place. Little did she know that at the next meet, she would outdo this by running a record-breaking race!

Katelynn Morrell prepared endlessly for her senior track and field season. Her motto is "Philly Philly," promising every Philadelphian a six pack if the Birds defeated the Pats. In all likelihood, there was also without a doubt a fair share of Bud Light sampling due to the company's tweet "Philly Philly, " promising every Philadelphian a six pack if the Birds defeated the Pats. In all likelihood, there was also without a doubt a fair share of Bud Light sampling due to the company's tweet "Philly Philly, " promising every Philadelphian a six pack if the Birds defeated the Pats. In all likelihood, there was also without a doubt a fair share of Bud Light sampling due to the company's tweet. There was also without a doubt a fair share of Bud Light sampling due to the company's tweet. The 2018 Winter Games will certainly be interesting to say the least, considering the overhauling talent coming from every nation as well as the introduction of an new events. Another important concern regarding the Olympics is whether or not this will see the last time we see Lindsey Vonn and Shaun White competing for the gold. Nevertheless, the past events as well as those from the past of Team USA are a must read. GO TEAM USA!

Want to write a Letter to the Editor?

WRITING GUIDELINES

• Letters to the editor are published weekly, as space permits.
• The Holcad reserves the right to edit any letter.
• Letters must be free of offensive language, per school policy.
• Letters must be signed and include the author’s name.
• Letters receive five lines of space for each paragraph, per school policy.
• Personal attacks and libelous or libelous-like statements.
• No letter will be edited when factually incorrect or made of sizable liberties.
• Grammar and spelling errors will not be corrected.
• Opinions expressed are those of the author.

SUBMISSION

All letters must be submitted by 12:00 p.m. Monday to the office of the Associate Editor.

Copy Edited by: Abigale Senatore
This past weekend, hockey fans were treated to a special entertainment only the NHL. All-Star Games can provide. This mid-season tournament gives the league’s best players a chance to showcase their talent and compete at an elevated level. This year, the game was hosted in Tampa, Florida at the Amalie Arena.

The first All-Star Game was held during the 1947-48 season, where the previous season’s Stanley Cup winners played against select members of the other five teams. The format of the game has changed drastically since then, with the most recent change being made in 2016. Now there are four teams, one from each division, who face off in a two-round tournament. Furthermore, in 2017, it was decided that the team who wins the All-Star Skills Competition gets to choose their opponent for the semifinal round.

The All-Star Skills Competition gives individuals unique chances to display their proficiency in different aspects of the game. There are many events such as Accuracy Shooting, Passing Challenge, Hard shot, and more. Many players demonstrated their exceptional talent this year. Alexander Ovechkin won the Hard Shot, sending a puck flying at 101.3 miles per hour. Alex Pietrangelo won the winner of the first-ever passing challenge, completing the obstacle in 46.8 seconds. With 14 consecutive saves, Marc-Andre Fleury won the Save Streak. The fastest skater in the competition was Connor McDavid, who completed one full lap around the rink in 13.7 seconds. Brock Boeser won the Accuracy Shooting competition by firing all five targets in 13.3 seconds. With such gifted players, it is easy to imagine the incredible performances during the All-Star Weekend.

Each of the three games were filled with star players. The first round of the tournament pitted the Pacific Division against the Central Division and the Atlantic Division against the Metropolitan. The Pacific and Atlantic Divisions emerged victorious, winning 5-3 and 7-4, respectively. In the final game, the Pacific Division defeated the Atlantic Division 5-2, garnering the prize and $1 million dollars. Brock Boeser, a rookie from the Vancouver Canucks who played for the Pacific Division, was named Most Valuable Player. He is the second rookie to receive this award.

Aside from the exhilarating games, there were many entertaining moments throughout the weekend. At one point, the Stanley Cup was captured by pirates participating in the nearby Gasparilla festival. Yes, you read that correctly. Hockey Hall of Fame members, throughout the weekend. At one point, the Stanley Cup was captured by pirates participating in the nearby Gasparilla festival.

Wednesday Feburary 7 against Thomas More.

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WEEKLY VIBES

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Virgo

Having a good image to others is important, but it doesn’t have to be everything. It’s okay to be yourself and not worry what others will think of you. If people put you down for being you, stand up taller and show them you are fine in your skin. Don’t let the paranoia get to you.

Scorpio

Having friends is great, but don’t forget to take some personal time every once in a while. Don’t worry about that fear of missing out, because you can have just as much fun and find more insight standing on the outside looking in.

Sagittarius

You’ve been wild the past week. This coming week is the time to come down off last week’s high. Don’t let the lack of adrenaline stop your motivation. You can be just as productive as before. You got this!

Libra

You have to spend money to make money, but don’t get carried away. Watch what you are spending. Keeping track of spending not your thing? Maybe ask a friend for help.

Leo

Are you not feeling as much support as you wish you were? Make sure you are surrounding yourself with the right people. Find people that will support you through the good times and the bad. Don’t get caught up in the popularity game this week.

Cancer

Looking for inspiration but can’t seem to find any? All you have to do is look to yourself. Deep down you know the answer. Try to take a few minutes out of each day to self reflect and find out what you truly stand for.

Gemini

Motivation may seem scarce, but there is sure to be some flooding in soon. Keep your chin up and weather the storm. You will come out of this week feeling proud and stronger than you thought you could be.

Taurus

Tell those who you’ve been holding out on the truth. The work from this week might bleed into next week, but take the time this weekend to catch up or even work ahead.

Capricorn

Things have been jumbled up lately for you. Take a few moments to center yourself before jumping back into a hectic schedule. Analyze the to do list and become more efficient and you’ll feel less stressed.

Aquarius

Work bogging you down lately? Have no fear, for the weekend is almost here! Take the weekend to reflect on yourself and live a little. Embrace the friends closest to you, and don’t let negativity bring you down.

Pisces

The normal everyday routine may be becoming dull for you. You have to start thinking outside the box inorder to be happy. Take a step outside your comfort zone and embrace yourself.

Aries

Talking about how you feel isn’t the easiest thing in the world. Find your person this weekend and tell them how you are doing, good or bad.

CLOCKWISE FROM TOP:

SUDOKU PUZZLE

Answers are located on page B4